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MOST DYNAMIC MICROPOLITANS: 2022

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AN INSTITUTE FOR ECONOMIC RENEWAL

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ABOUT HEARTLAND FORWARD

Heartland Forward’s mission is to improve economic performance in the center of the United States by advocating for fact-based solutions to foster job creation, knowledge-based and inclusive growth and improved health outcomes. We conduct independent, data-driven research to facilitate action-oriented discussion and impactful policy recommendations.

The views expressed in this report are solely those of Heartland Forward.





EXECUTIVE SUMMARY

COVID-19 created unique challenges and opportunities for America's micropolitan areas—towns with 10,000 to 50,000 residents and the outlying areas with close economic ties to those communities. In some ways, these challenges and opportunities rewrote the guide to micropolitan economic success, while in other ways they simply reordered the bullet points on that guide. “Most Dynamic Micropolitans: 2022” tells the story of trends that were subverted during the pandemic and those that remained.

We ranked the economic dynamism of 536 micropolitan areas across the United States by studying changes in key economic conditions from 2015 through 2020. We also examined one indicator—the change in employment from September 2020 through September 2021—that reflects communities' ability to rebound from the early months of the pandemic. (Appendix 1 provides details on the methodology.)

The Most Dynamic Micropolitan

Our top-ranked micropolitan—Los Alamos, New Mexico—benefited from the expansion of the Los Alamos National Laboratory. While the laboratory has long contributed the area's economic strength, a \$2.5 billion contract with startup Triad National Security, LLC, during the reporting period accounts for this rank. But pandemic-related factors were the primary economic drivers in other micropolitan areas, and these associated patterns are the focus of this report.

Outdoor Recreation

Our third index of micropolitans indicates that natural amenities remain a key characteristic of success. Areas offering a mix of broadband connectivity and access to the outdoors became a respite from the difficulties of pandemic-era city life.

When COVID-19 shuttered the urban amenities that draw many residents to large metropolitans and forced desk-based employees to work from home, the intrigue of an outdoor-centric small town with sufficient internet quality only increased. Communities such as Cedar City, Utah, and Bozeman, Montana, maintained or improved their position near the top of the rankings in 2022. Additionally, Brevard, North Carolina, nestled in the Blue Ridge Mountains of Southern Appalachia, is the 12th-ranked micropolitan, and heartland lake-area communities Spirit Lake, Iowa, and Albertville, Alabama, each vaulted 50-plus positions to place in the top 150.

Food Production and Processing

While those communities built upon a trend that began prior to the pandemic, food-producing communities emerged as a new micropolitan archetype at the top of the rankings.

Micropolitans driven by food production and processing found success, in part, because such operations remained open throughout the pandemic to prevent food shortages. As a result, micropolitans such as Dodge City, Kansas, made significant jumps in our rankings. Dodge City's largest employer, the National Beef Packing Company, helped stabilize that area's labor market and propel it 336 spots to No. 22 in our rankings.

Oil and Gas

Oil-producing micropolitan areas reversed course. For example, Pecos, Texas, relinquished the top spot in our index for the first time, largely because oil drilling, its primary industry, was unprofitable for much of 2020. Still, its pre-pandemic economic growth was so strong that Pecos remains No. 4 in our 2022 rankings. Additionally, its highly productive oil fields were among the nation's first to reopen, which helped it rebound quickly from its 2020 trough.

Overall, the changes in fortunes for micropolitan areas dependent on a single industry provide a reminder of the stabilizing benefits of a diversified economy. Liberal, Kansas, for instance, relies heavily on oil extraction, but the presence of ethanol and helium processing, along with food production and processing, helped it navigate the early months of the pandemic better than most micropolitan areas.

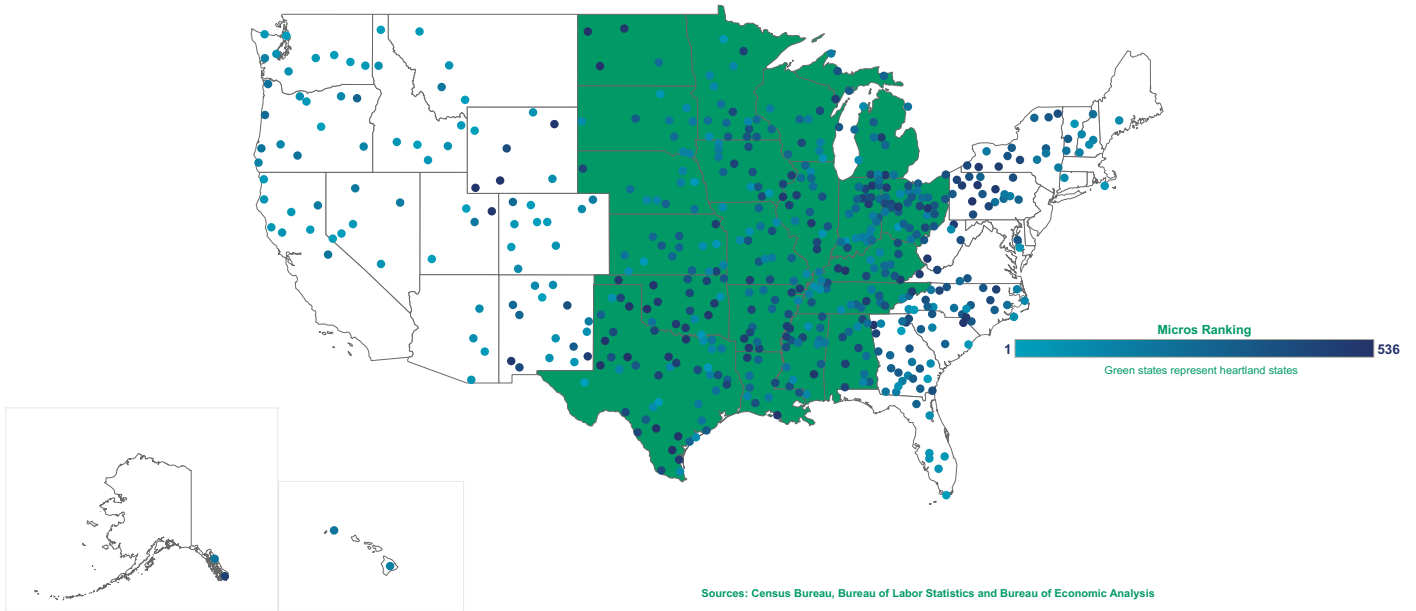
The Heartland

The 335 micropolitan areas in the heartland region of America delivered mixed results in this year's national rankings. While 94 of the top 200 are in the heartland, only 30 of those are among the top 100. Agriculture-dependent micropolitan areas found success during the pandemic, but that trend could dissipate quickly, as it did for oil-reliant micropolitan areas. More must be done to diversify heartland micropolitan economies if they are to weather the volatility of individual industries.

ES 1 - TOP 25 MICROPOLITAN AREAS

1. Los Alamos, New Mexico
2. Jackson, Wyoming - Idaho
3. Heber, Utah
4. Pecos, Texas
5. Jefferson, Georgia
6. Bozeman, Montana
7. Hailey, Idaho
8. Cedar City, Utah
9. Prineville, Oregon
10. Edwards, Colorado
11. Moses Lake, Washington
12. Brevard, North Carolina
13. Key West, Florida
14. Oak Harbor, Washington
15. Breckenridge, Colorado
16. Steamboat Springs, Colorado
17. Sandpoint, Idaho
18. Othello, Washington
19. Gardnerville Ranchos, Nevada
20. Fernley, Nevada
21. Fredericksburg, Texas
22. Dodge City, Kansas
23. Fremont, Nebraska
24. Jesup, Georgia
25. Montrose, Colorado

ES 2- COLOR-CODED MAP OF ALL MICROS ACROSS THE COUNTRY



INTRODUCTION

The data collected for the 2022 edition of the Most Dynamic Micropolitans reveals how the pandemic influenced each micropolitan, how each fared relative to its peers, and the various characteristics that helped some smoothly navigate the crisis and hindered others. Thus, while previous editions of this report focused on the top-performing communities, this one looks at the most compelling patterns provided by the data.

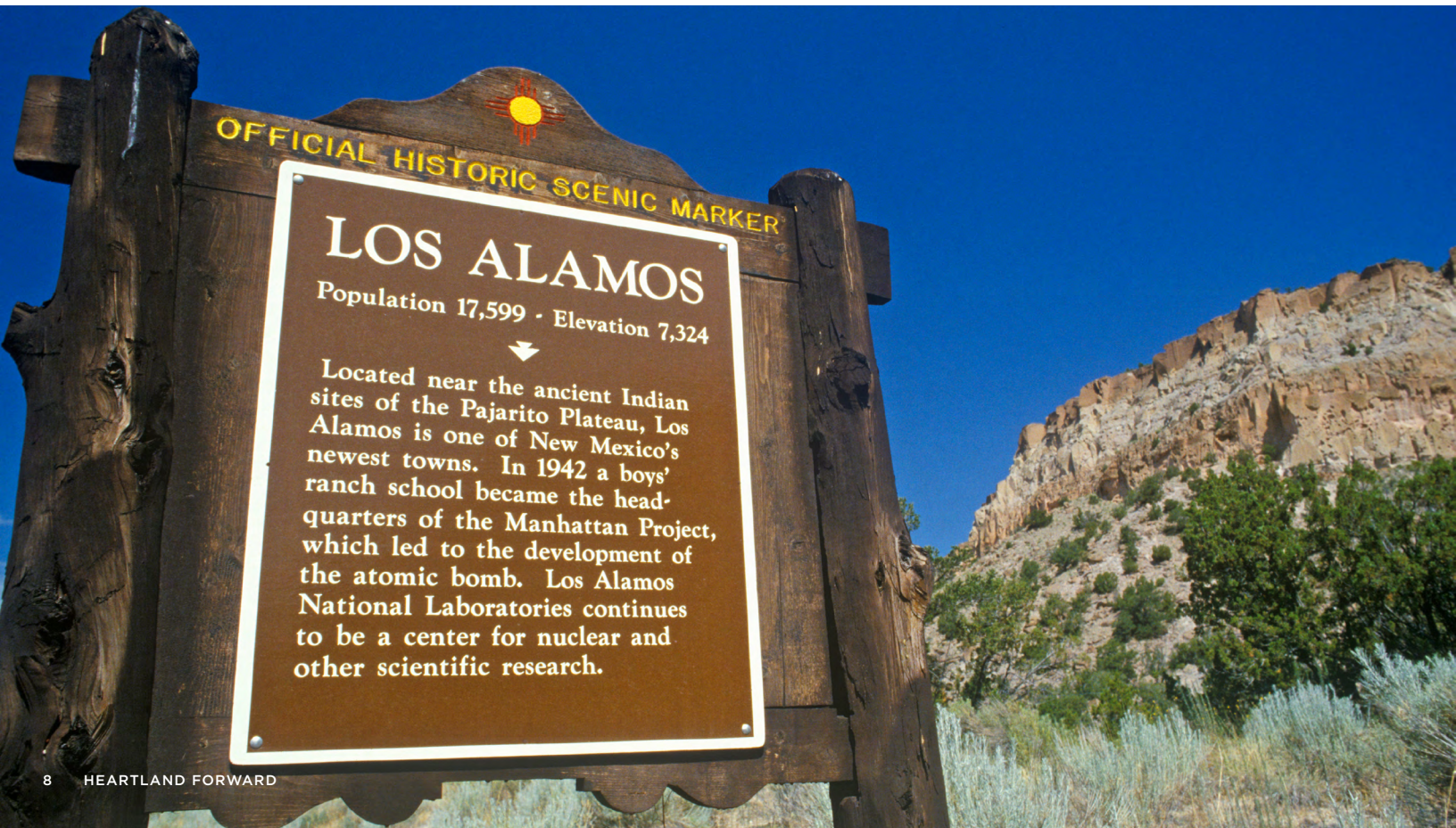
COVID-19 brought an unprecedented shock to the overall economy, but the challenges have been unique to micropolitans, where resident populations number 10,000 to 50,000. These areas are at a comparative disadvantage versus metropolitan areas because smaller workforces result in a less-diversified economy.

The bulk of the labor force generally focuses on a specialized industry to benefit from economies of scale. Micros heavily dependent on severely COVID-impacted industries have suffered, at least in the short term. Others have benefited from a combination of luck and foresight and have thrived.

While the rankings in this report help illustrate the patterns by showing which micropolitan areas benefited and which ones struggled, the top spot represents a bit of an outlier. Los Alamos, already a strong micropolitan area, rose to No. 1 on the wings of the \$2.5 billion contract that made Triad National Security, LLC the management firm of Los Alamos National Laboratory.

This government research institution began as a nuclear weapons development lab during World War II but now serves as a hub for fields ranging from renewable energy to oncology. The lab's highly paid scientists support a vibrant town of about 13,000 residents nestled in the Jemez Mountains.

We will address the impact of the new contract and other factors that played into the top ranking for Los Alamos, but first we will cover the industry patterns that had a more widespread effect on micropolitan areas – food production and processing, outdoor recreation, and oil and gas.



FOOD PRODUCTION AND PROCESSING

Micros that specialize in food production and processing acted as the sustenance safety net for everyone during 2020; therefore, their economies were relatively stable, while many of their nonagricultural counterparts struggled.

Several heartland micros gained significant ground in the rankings on the strength of food manufacturing. Dodge City, Kansas, experienced strong GDP growth rates in both medium-term (2015-2020 at 27.9%) and short-term (2019-2020 at 3.2%) periods, placing it at No. 18 and No. 32, respectively, in those categories. National Beef contributed substantially to local GDP growth even before the pandemic. The company, headquartered in Kansas City, announced a \$30 million expansion plan for its Dodge City¹ operations in summer 2016. The project, completed by the end of 2017, included additional cranes and pelletizers to more efficiently handle its products.

When the pandemic struck, the manufacturing industry was presented with unprecedented challenges that disrupted businesses that were vital to local economies. Job losses were widespread, and Dodge City was no exception, although it registered only a short-term employment decline of 1.9%.

As the national economy recovered slowly from COVID-19, Dodge City's manufacturing sector experienced a small bounce-back, including employment growth of 3.8%. Since the pandemic, food manufacturing sectors tightened employee health and safety policies, as well as sanitation procedures.

Moses Lake, Washington, is another micropolitan that demonstrated the stabilizing influence of food manufacturing, in addition to high-tech manufacturing. The tourist town is famous for its 120 miles of freshwater shorelines and is in Grant County, the 10th-largest agriculture producer in the United States. The area includes more than 1 million acres of farmland that generated almost \$2 billion in market value of products in 2017.²

In addition to its ranching, crop production and other food-related operations, Moses Lake, ranked No. 11 overall, benefited from being a high-tech manufacturing hub that is dependent on nearby large bodies of water. Manufacturers with roots there include aerospace giant Boeing, automobile legend BMW, Moses Lake Industries (which makes chemical products for semiconductors and flat-panel companies) and REC Silicon (a producer of polysilicon for solar-energy purposes).

BMW in 2014 pledged \$100 million to expand its manufacturing plant with a goal of tripling its carbon-fiber production capacity to 9,000 tons per year.³ As a result, from 2015 onward, this micro area's economy has been naturally impressive.

With a healthy medium-term GDP growth of 8.6% and an impressive performance in short-term GDP growth of 12.8% (second-best among all micros), Moses Lake is remarkably diversified in the manufacturing sectors, especially considering the small economic base that defines micropolitans. Average pay growth is 33% for medium term and 13.7% for short term due to the large, highly skilled workforce that is required by its high-tech employers. COVID-19 caused a job growth loss of 1.9%, but the trend had already reversed to growth of 0.49% by the reporting period of September 2020-September 2021.

Moses Lake and other micropolitans with a diversified economy performed well because they have the resources to support tourism, as well as multiple manufacturing operations. The importance of food manufacturing to micropolitan economies should not be underestimated. Many micro communities depend on this sector for their livelihood, which creates an important link between rural and urban areas in the U.S. Transforming agricultural products into shelf-stable foods provides nutrition and energy for households.



OUTDOOR RECREATION

The Mountain West region again dominates the upper echelon of the Most Dynamic Micropolitans. Twelve of the top 25 micros are in Colorado, Idaho, Montana, Nevada, Utah or Wyoming.

Similar to its metro areas, which generally performed well in our 2021 Most Dynamic Metropolitan rankings, Mountain West micros offered an outdoor-centric respite from the stresses of COVID-19. When travel restrictions were relaxed in the latter half of 2020, tourists flocked to Jackson Hole, Wyoming; Heber, Utah; Bozeman, Montana; and other small towns at the doorstep to the Mountain West's vast wilderness. Some stayed for weeks at a time, while others who had transitioned to remote work at the start of the pandemic, stayed even longer.

The result was a surge in economic activity and population. Cedar City, Utah, our eighth-ranked micro, experienced the fastest population growth of any micropolitan area from July 2020 to July 2021.⁴

A few Mountain West communities have successfully parlayed the influx of tourists and remote workers into vibrant startup ecosystems. In Edwards, Colorado, for instance, REVER developed a motorcycle ride-planning application that provides in-depth guidance for popular on-road and off-road motorcycle routes in Colorado and beyond. Motorcycle e-commerce company Comoto Holdings acquired REVER at the end of 2020.⁵

Several micropolitans in the southern Appalachians have also benefited from the nation's increased interest in the outdoors. Brevard, North Carolina, known as the Land of Waterfalls, ranks 12th on our list, due partly to its uniquely easy access to world-class mountain biking, fly fishing, hiking and whitewater rafting. The community was named one of the top 10 mountain biking destinations in North America by prominent cycling news outlet Singletracks and was the only top-10 community east of the Mississippi River.⁶

Brevard's performance in the Most Dynamic Micropolitans Index is the result of strong medium-term growth in jobs, GDP and wages, as well as a respectable level of entrepreneurship activity. Brevard and the broader Western North Carolina area have been remarkably successful in translating their residents' passion for the outdoors into a development powerhouse for outdoor recreation products. For example, camping trailer manufacturer SylvanSport has become a camping industry darling for its innovative small-camper designs. National Geographic Adventure Magazine declared the popular SylvanSport Go to be the "Coolest. Camper. Ever."⁷

In keeping with the outdoors trend, lakeside communities such as Albertville, Alabama, and Spirit Lake, Iowa, also have seen economic boosts.

While neither micro made the top 25, both rose significantly from the previous iteration of Most Dynamic Micropolitans. Albertville, near Lake Guntersville, improved from 174 to 124, while Spirit Lake, home to the Iowa Great Lakes, climbed from 235 to 134.

Lake Guntersville is one of the nation's preeminent spots for bass fishing, hosting major tournaments and thousands of recreational anglers each year. In 2019, it was named the second-best bass lake in the U.S. by Bassmaster Magazine.⁸ The lake's fishing prowess, in addition to the other watersport opportunities it provides, resulted in a \$1.2 billion impact on the Albertville micropolitan area and neighboring Jackson County in 2020.⁹

The Iowa Great Lakes are similarly important to Spirit Lake, driving \$300 million in tourism spending each year. According to a recent report, one key to Spirit Lake's success is the decades-long effort to keep the Iowa Great Lakes clean and clear, leading tourists to bypass less-pristine lakes nearer to home.¹⁰

Overall, the pandemic has increased the impact of natural amenities upon micropolitans, and their value is even greater for areas that encourage their outdoor-loving residents to create products to better enjoy their surroundings. Thus, communities such as Edwards and Brevard are thriving. The lingering question for outdoor-centric micropolitans is how long Americans' newfound love for the outdoors will last. However, more than two years after the pandemic's onset, this love has shown no signs of waning.



OIL AND GAS

Micropolitan areas that specialize in oil and gas are still looking for ways to navigate the influences of COVID-19. While striking oil in the late 1800s to early 1900s brought growth and prosperity to many communities, recent data shows that the pandemic has been devastating. Pecos, Texas, is the only notable oil-and-gas micro in the top 25 overall; the rest bank on tourism and manufacturing.

Liberal, Kansas, near the Kansas-Oklahoma border, landed at No. 91 overall on our list. Its roots go back to 1888 when a resident of a nearby town put up a general store and a post office. In 1920, the city found natural gas, which later would become part of the Hugoton Gas Field.¹¹ In 1951, the discovery of oil southwest of Liberal helped preserve the area's longevity.

The gas industry not only contributed to Liberal's population growth, but also helped farmers grow crops more efficiently by using gas-powered machinery. However, as it did across the oil and gas industry, the arrival of COVID-19 rocked Liberal. Its workforce declined as medium-term employment growth plummeted to -7.9% and remained stagnant throughout our study period (evidenced by -0.4% in short-term employment growth and -1.15% in short-term momentum employment growth between September 2020 and September 2021). The noticeable drop in medium-term employment growth also contributed to a worsening level of GDP growth, recorded as -14.8% over our five-year study period. The redeeming quality of this micro's overall ranking is that both medium- and short-term average annual pay growth rates are among the highest of all micros studied.

Overall, Liberal has fared better than many other oil-and-gas-centric micropolitans, and thanks may be due to its other industries. Just as in Dodge City, National Beef also found a home in Liberal. The city's economic-development website lists the meat packer among

its major employers, with 3,500 workers. Continuous operation at the National Beef plant in Liberal throughout the pandemic helped slow the speed of economic deterioration. Beyond beef, Liberal is home to processing plants for pork, ethanol and helium, reflecting a degree of economic diversity that can only help during a global pandemic.¹²

Pecos is in the natural gas-rich Permian Basin of Texas, from which it drew great economic strength. The city's founders struck oil in the early 1900s after drilling near a local source of gas that was used for medicinal purposes. Little did residents know this site would only be used briefly before drillers struck oil in the "Miracle Well" that brought about the Yates oil field in 1912.¹³

Until later in the 1950s, natural gas was considered a nonvaluable byproduct of oil; therefore, much of Peco's resources went unused for many years. Later came the key discoveries of the Santa Rosa and Gomez oil fields. These assets help Pecos land the No. 1 spot in the Most Dynamic Micropolitans of 2020, and the area slipped only three spots to No. 4 in the current ratings. Its medium-term GDP growth of 218.2% continues to impress, although the pandemic took a toll on its short-term GDP, which dipped to -16.6%.

Certainly, the oil-and-gas industry is important to many American micropolitans. Cities like Pecos and Liberal relied on it through the 1900s and still do. The flip side is that their lack of a diversified economic sector appears to have made them vulnerable to ambushers like COVID-19. These two micros only remained high in the overall rankings due to strong performances prior to the pandemic. From early 2020 forward, they could only wait and hope for a rebound in the oil-and-gas industry. Without a diversified economy, oil-and-gas-dependent micros will be vulnerable.

NO. 1-RANKED LOS ALAMOS, NEW MEXICO

The top-ranked micropolitan in our 2022 index – Los Alamos – rose to that spot thanks to some unusual circumstances. So, while it doesn't fit neatly into the patterns of other micropolitans, it still merits our attention.

The Los Alamos National Laboratory created the first atomic bomb during World War II. Ever since the Manhattan Project was handed to Robert Oppenheimer, director of the lab, this micro area has been a nuclear-engineering hub that has employed many physicists, engineers and other highly skilled workers. This trend continues and, as a result, Los Alamos had our rankings' eighth-highest income per capita for 2020 (\$87,078) after adjusting for regional price parity.

A U.S. leader in nuclear science, most of Los Alamos' economic growth comes from the national lab. And on June 8, 2018, the U.S. Department of Energy (DoE) awarded a \$2.5 billion contract to Triad National Security, a new management firm that partnered with the University of California, Texas A&M, and Battelle Memorial Institute to manage the Los Alamos laboratory's operations.¹⁴ This transaction contributed to the highest young-firm employment share (73.5%), as well as the highest young-firm knowledge intensity (37.2%), ever recorded since the inception of this annual report.

Los Alamos National Laboratory was already a multidisciplinary research hub before Triad took over. Currently, according to its website, the company engages in research areas such as nuclear energy, nuclear nonproliferation, national security, nanotechnology, renewable energy, magnetic field research, genomics, supercomputing and other projects for the Department of Energy.

This diversification is reflected in growth numbers such as medium-term GDP growth at 20% and short-term GDP growth at 3.9%. The strong GDP growth also triggered medium-term job growth of 13.9% and short-term job growth of 4.3% as demand for highly skilled labor increased. This chain of economic activities also sparked medium-term and short-term average annual pay growth of 28.3% and 9.7%, respectively.

It was this vigorous growth that put Los Alamos at the top of our overall rankings.

We have categorized this micro area as an outlier due to its unprecedented young-firm data. We predict the young-firm employment share and young-firm knowledge intensity will recede eventually in this community that is predominantly dependent on a single employer.



CONCLUSION

Distinct types of communities reacted differently to COVID-19. Some have navigated well, while others have not.

Communities that exclusively depend on oil and gas have seen sharp declines in short-term GDP and employment growth. The decrease in GDP growth is a major factor of concern, as it lowers the standards of living for residents.

Micros that rely on food manufacturing fared well because these industries were exempted from COVID-19-related shutdowns. Other communities leveraged their natural amenities to attract remote workers and specialized manufacturing associated with those amenities.

Micros that relied heavily upon tourism even before COVID-19 saw growth because of how people reacted to policy changes that affected their work-life balance. The adaptation of remote work gave numerous

workers a chance to experience a fresh breath of work-life balance—trading confinement inside an office for the refreshment of nature. However, most U.S. manufacturing activity was curtailed by pandemic-related shutdowns.

Relative to data trends, the principal factor of sustainable economic development has always been industry diversification. However, few micros have the luxury of a diversified economy that is common within large metro areas. Evidently, micros that do provide natural amenities—or multiple industry sectors—breed growth stability and thus avoided economic ruin during the pandemic.

Overall, sustainable growth requires a solid foundation of economic diversity as an insurance policy against unforeseen events, and communities can catalyze new manufacturing by encouraging innovation and entrepreneurship, which will create jobs that likely will pay well and provide a high quality of life.



APPENDIX 1: METHODOLOGY

The 2022 Most Dynamic Micropolitan rankings are derived from the following economic measures: growth in average annual pay, employment numbers and gross domestic product (GDP); level of per capita personal income; share of total employment at firms aged 5 years or fewer (young-firm employment share); and the share of employment at those young firms with a bachelor's degree or higher (young-firm knowledge intensity).

In addition, we use a few time-sensitive categories to measure economic performances: short-term economic development is defined by 2019-2020 real GDP growth, 2019-2020 employment growth, 2019-2020 average annual pay growth, and employment growth over a 12-month period from September 2020 to September 2021.

The medium-term economic development measurements are defined as 2020 per capita personal income, 2015-2020 employment growth, 2015-2020 average annual pay growth, and the 2020 young-firm employment share and young-firm knowledge intensity. The 2020 level of per capita personal income is an indicator of medium-term economic development because it represents the stock of all previous welfare improvements. We incorporate the latest available regional price parity (RPP) to adjust for per capita personal income and average annual pay. RPP measures price-level differences across states and metropolitans.

Since our report focuses on micropolitan areas, we employ RPP by state from the U.S. Department of Commerce's Bureau of Economic Analysis (BEA) to reflect whether goods and services are generally more or less expensive than the national average. Therefore, the indexes can be used to adjust income measures for differing inflation rates and varying levels of purchasing power across regions.

To be qualified as a micropolitan statistical area, an urban cluster should contain a population of more than 10,000 but fewer than 50,000 people. The adjacent counties along with the urban cluster must be linked with community ties as determined by the federal Office of Management and Budget (OMB).

The 2020 rankings contained 515 micropolitan areas with data available for all measures. The 2022 rankings use the most recent definition (Bulletin No. 20-01) by OMB, which was released in March 2020. As a result of the definition change, we analyzed 536 micropolitan areas for the 2022 rankings.

The following micropolitan areas were excluded from this year's ranking due to the lack of young-firm data from the Census Bureau: Quincy, Illinois-Missouri; Wahpeton, North Dakota-Minnesota; Zapata, Texas; Fort Madison-Keokuk, Iowa-Illinois-Missouri; Union, South Carolina; Iron Mountain, Michigan-Wisconsin; and Eufaula, Alabama-Georgia.

It is essential to include the young-firm employment share and young-firm knowledge intensity, as they are strong indicators for future economic growth. Young firm employment share allows us to understand an entrepreneur's ability to start new firms and scale them, while young-firm knowledge intensity provides insights into potential innovations driven by educational attainment within these young firms.

We standardize all metrics via z-scores. That is, we calculate the mean and standard deviation of a metric across all micropolitan areas, subtract the mean of the metric from each micropolitan area's metric value, and divide that difference by the standard deviation of the metric. The resulting number tells us how many standard deviations above the mean (positive z-score) or below the mean (negative z-score) a micropolitan area's metric value is. A micropolitan area's index value is its average z-score across all economic-development metrics. If an area has a positive average z-score, then, on average, it performs better than the mean micropolitan area for each metric.

TABLE 1 - MEASUREMENTS DERIVED FOR EACH RANKING

MEASURE	TIME PERIOD	SOURCE
Young firm employment ratio	2020	Census Bureau
Young firm knowledge intensity	2020	Census Bureau
Per capita personal income	2020	Bureau of Economic Analysis
Medium-term job growth	2015-2020	Bureau of Labor Statistics
Short-term job growth	2019-2020	Bureau of Labor Statistics
Short-term job growth momentum	Sep. 2020-Sep. 2021	Bureau of Labor Statistics
Medium-term average annual pay growth	2015-2020	Bureau of Labor Statistics
Short-term average annual pay growth	2019-2020	Bureau of Labor Statistics
Medium-term GDP growth	2015-2020	Bureau of Economic Analysis
Short-term GDP growth	2019-2020	Bureau of Economic Analysis

TABLE 2 - OVERALL TABLE

	OVERALL RANKING	2021 POPULATION	YOUNG FIRM EMPLOYMENT SHARE	YOUNG FIRM KNOWLEDGE INTENSITY	2020 PER CAPITA PERSONAL INCOME	2015-2020 EMPLOYMENT GROWTH	2019-2020 EMPLOYMENT GROWTH	SEP.2020-SEP.2021 EMPLOYMENT GROWTH	2015-2020 AVERAGE ANNUAL PAY GROWTH	2019-2020 AVERAGE ANNUAL PAY GROWTH	2015-2020 GDP GROWTH	2019-2020 GDP GROWTH
Los Alamos, NM	1	19,330	73.5%	37.2%	\$87,078	13.9%	1.4%	4.3%	28.3%	9.7%	20.0%	3.9%
Jackson, WY-ID	2	35,842	15.9%	21.0%	\$172,693	0.7%	-9.4%	9.7%	47.6%	16.2%	7.2%	-3.4%
Heber, UT	3	79,266	19.1%	22.6%	\$129,161	7.8%	-6.8%	8.1%	40.4%	10.7%	13.8%	-6.7%
Pecos, TX	4	14,544	21.9%	10.5%	\$48,501	59.7%	-26.1%	13.5%	54.6%	-6.2%	218.2%	-16.6%
Jefferson, GA	5	80,286	9.5%	20.8%	\$52,779	46.8%	12.3%	10.6%	6.7%	3.1%	27.4%	2.2%
Bozeman, MT	6	122,713	16.9%	19.0%	\$68,568	13.4%	-2.6%	6.6%	35.5%	13.4%	22.7%	-0.4%
Hailey, ID	7	25,905	16.6%	20.3%	\$129,571	-1.7%	-5.6%	5.0%	27.7%	12.9%	9.0%	-3.1%
Cedar City, UT	8	60,519	18.8%	13.7%	\$41,442	27.2%	2.0%	7.5%	31.6%	10.7%	35.8%	1.3%
Prineville, OR	9	25,739	12.4%	15.7%	\$47,964	9.2%	4.2%	6.2%	24.2%	17.1%	28.4%	2.0%
Edwards, CO	10	55,727	14.8%	23.1%	\$91,914	-2.5%	-10.9%	9.4%	31.1%	13.5%	2.3%	-6.9%
Moses Lake, WA	11	100,297	14.8%	17.4%	\$49,968	0.7%	-1.9%	0.5%	33.0%	13.7%	8.6%	12.8%
Brevard, NC	12	33,165	13.0%	20.0%	\$51,771	4.8%	-5.1%	0.9%	21.7%	9.8%	89.5%	1.0%
Key West, FL	13	82,170	18.2%	20.0%	\$115,472	-7.0%	-9.5%	10.3%	20.4%	8.2%	6.6%	-5.7%
Oak Harbor, WA	14	87,432	18.7%	19.4%	\$61,032	6.3%	-3.9%	4.4%	27.4%	9.5%	16.2%	0.5%
Breckenridge, CO	15	30,941	15.5%	23.6%	\$81,331	-4.0%	-11.9%	4.6%	34.9%	15.7%	7.0%	-5.4%
Steamboat Springs, CO	16	25,091	19.0%	21.7%	\$89,785	1.9%	-7.9%	3.4%	20.6%	12.5%	2.6%	-4.1%
Sandpoint, ID	17	49,491	14.2%	16.8%	\$50,543	9.8%	-1.2%	5.1%	27.9%	10.9%	15.4%	0.7%
Othello, WA	18	20,621	13.2%	18.6%	\$51,154	7.7%	-4.8%	9.3%	19.9%	9.7%	6.3%	6.0%
Gardnerville Ranchos, NV	19	49,870	11.7%	21.1%	\$84,563	-4.2%	-9.1%	2.3%	35.7%	14.6%	-0.5%	-2.0%
Fernley, NV	20	60,903	12.8%	16.0%	\$47,555	7.9%	-3.4%	10.3%	26.5%	8.6%	20.3%	-0.3%
Fredericksburg, TX	21	27,297	17.9%	17.3%	\$75,442	4.8%	-3.7%	7.5%	17.4%	5.2%	12.6%	-0.2%
Dodge City, KS	22	34,159	5.8%	14.1%	\$51,555	-5.4%	-1.9%	3.8%	37.4%	15.5%	27.9%	3.2%
Fremont, NE	23	37,103	17.6%	17.9%	\$59,030	3.4%	0.9%	-1.3%	24.7%	9.8%	12.0%	0.5%
Jesup, GA	24	30,380	18.4%	15.5%	\$40,816	0.7%	-0.9%	4.0%	20.7%	6.4%	39.9%	4.5%
Montrose, CO	25	48,203	17.1%	15.9%	\$49,726	6.4%	-3.8%	6.3%	25.8%	10.7%	7.2%	-0.7%
Truckee-Grass Valley, CA	26	103,487	16.4%	21.2%	\$64,922	0.1%	-7.3%	5.6%	22.8%	13.1%	0.3%	-4.5%
Rexburg, ID	27	67,473	16.6%	12.3%	\$37,609	14.2%	0.6%	6.8%	20.2%	7.9%	20.6%	0.8%

Shaded rows represent heartland micropolitan

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Crescent City, CA	28	28,100	14.6%	15.3%	\$40,221	-1.6%	-5.0%	2.2%	24.0%	13.3%	15.2%	12.3%
Safford, AZ	29	39,050	12.5%	11.1%	\$43,793	11.5%	1.7%	-0.2%	29.3%	7.6%	37.3%	3.7%
Athens, TX	30	83,667	14.9%	16.9%	\$47,483	8.5%	0.5%	4.5%	17.0%	4.8%	16.8%	3.7%
The Dalles, OR	31	26,726	15.1%	14.7%	\$50,523	-1.0%	-5.0%	1.6%	24.0%	11.7%	2.9%	13.4%
Kalispell, MT	32	108,454	12.8%	17.3%	\$57,010	5.7%	-2.5%	6.6%	24.3%	9.6%	1.1%	-2.9%
Bemidji, MN	33	46,380	23.5%	20.5%	\$51,208	2.2%	-4.0%	-0.2%	21.3%	8.8%	7.5%	-1.6%
Red Bluff, CA	34	65,498	14.7%	14.8%	\$46,040	8.6%	-2.1%	2.3%	21.9%	10.1%	23.9%	1.6%
Ellensburg, WA	35	45,499	20.1%	17.3%	\$46,668	5.5%	-4.2%	3.5%	23.7%	7.8%	16.2%	-2.0%
Durant, OK	36	47,105	13.8%	12.3%	\$43,144	26.7%	2.2%	-4.0%	18.8%	6.3%	26.3%	5.6%
Port Angeles, WA	37	78,209	16.9%	18.7%	\$51,257	0.5%	-4.6%	4.3%	24.2%	9.4%	6.2%	-1.7%
Wilmington, OH	38	42,004	4.8%	16.5%	\$55,312	7.2%	-4.9%	5.9%	26.9%	10.4%	9.5%	2.0%
Okeechobee, FL	39	40,266	12.7%	15.6%	\$37,917	2.6%	-3.6%	1.6%	14.1%	9.4%	44.8%	9.3%
Glenwood Springs, CO	40	79,509	14.5%	20.7%	\$87,580	-3.7%	-7.4%	4.1%	21.3%	8.7%	-4.5%	-6.2%
Fallon, NV	41	25,723	8.7%	16.5%	\$54,007	8.3%	-0.5%	1.0%	23.2%	8.3%	19.2%	0.2%
Georgetown, SC	42	63,921	13.7%	18.6%	\$61,749	2.0%	-3.3%	3.4%	19.3%	7.1%	1.9%	1.2%
Wauchula, FL	43	25,425	18.4%	15.8%	\$34,425	-8.3%	0.1%	7.9%	17.2%	5.2%	7.6%	8.5%
Burley, ID	44	47,119	13.6%	13.2%	\$55,448	8.9%	0.0%	3.4%	23.8%	7.3%	8.1%	-1.4%
Vineyard Haven, MA	45	21,097	14.3%	24.5%	\$82,566	-10.8%	-14.3%	7.2%	22.4%	12.2%	-2.8%	-8.0%
Cambridge, MD	46	32,489	7.6%	16.0%	\$54,758	6.1%	2.1%	5.3%	19.6%	9.6%	-2.7%	-1.4%
Pullman, WA	47	47,873	11.1%	18.0%	\$46,009	-1.6%	-5.8%	7.0%	26.3%	9.4%	15.5%	-1.4%
Aberdeen, SD	48	42,134	10.0%	16.4%	\$70,414	-6.0%	-3.7%	0.2%	19.3%	10.8%	3.2%	7.8%
Ukiah, CA	49	91,305	15.5%	17.0%	\$54,834	-5.5%	-8.1%	5.5%	28.2%	13.5%	2.6%	-3.3%
Ottawa, KS	50	25,986	14.3%	18.8%	\$53,105	-3.0%	-2.5%	5.8%	16.9%	8.5%	1.0%	-1.2%
Carlsbad-Artesia, NM	51	60,911	12.7%	12.0%	\$71,312	6.6%	-9.7%	2.6%	25.3%	3.5%	31.9%	4.6%
Barre, VT	52	59,969	10.7%	22.8%	\$66,602	-5.0%	-7.2%	0.8%	24.4%	10.3%	1.0%	-2.0%
Fairfield, IA	53	15,647	7.3%	30.3%	\$48,832	-3.4%	-6.9%	2.3%	18.0%	9.5%	3.8%	-3.3%
Mountain Home, ID	54	28,827	10.6%	15.4%	\$47,473	9.5%	-0.2%	0.6%	24.0%	9.0%	11.1%	-1.7%
Effingham, IL	55	34,430	6.9%	15.8%	\$63,459	6.7%	-2.6%	3.2%	20.8%	10.1%	7.0%	-2.1%
Helena, MT	56	84,693	11.8%	17.1%	\$58,210	-0.5%	-2.3%	2.6%	23.5%	8.6%	2.4%	-1.7%
Washington, IN	57	33,397	11.1%	13.2%	\$54,428	6.7%	-1.8%	0.0%	22.0%	11.1%	7.9%	1.8%
Eureka-Arcata, CA	58	136,310	16.6%	17.0%	\$50,218	0.8%	-7.6%	3.2%	24.2%	13.2%	3.1%	-4.1%
Arcadia, FL	59	34,408	16.7%	15.7%	\$30,187	11.4%	0.1%	1.9%	16.7%	7.7%	11.7%	0.3%
Cañon City, CO	60	49,661	12.6%	15.6%	\$40,744	2.3%	-1.1%	2.2%	26.8%	9.3%	5.1%	0.1%
Sheridan, WY	61	31,646	13.1%	14.3%	\$66,786	-1.6%	-1.6%	2.9%	24.8%	6.2%	1.0%	-0.4%
Clearlake, CA	62	68,766	19.6%	14.8%	\$47,177	0.9%	-6.3%	1.3%	23.8%	10.6%	7.9%	0.4%
Pahrump, NV	63	53,450	12.8%	17.6%	\$44,610	12.7%	-0.6%	0.5%	14.9%	6.1%	16.5%	-0.7%
Nogales, AZ	64	47,883	13.4%	12.1%	\$52,698	-3.8%	-3.8%	3.0%	33.1%	11.2%	11.3%	-1.9%
Whitewater, WI	65	106,799	12.3%	22.0%	\$60,260	-0.9%	-6.3%	3.6%	17.0%	9.2%	-0.6%	-2.9%
Moultrie, GA	66	45,812	12.9%	14.8%	\$43,790	2.0%	-1.0%	0.6%	27.7%	9.3%	8.7%	0.4%
Ruidoso, NM	67	20,436	14.5%	13.4%	\$51,157	-5.8%	-8.8%	3.9%	34.5%	17.0%	-4.1%	-2.0%
Pella, IA	68	33,380	5.2%	19.8%	\$61,389	3.3%	-3.6%	5.8%	17.5%	5.4%	20.6%	-3.9%
Dumas, TX	69	21,118	11.9%	15.9%	\$56,376	3.6%	-2.5%	4.0%	12.4%	4.7%	62.0%	-8.2%
Clewiston, FL	70	40,313	13.6%	14.9%	\$38,511	3.7%	-1.0%	5.8%	12.6%	7.2%	12.3%	3.9%
Tahlequah, OK	71	47,627	11.3%	12.2%	\$41,080	0.9%	1.5%	0.2%	20.8%	10.0%	9.5%	6.9%
Centralia, WA	72	84,398	16.1%	16.5%	\$49,230	8.3%	-3.4%	0.3%	25.3%	8.9%	5.5%	-6.5%
Alamogordo, NM	73	68,537	10.2%	14.9%	\$44,349	-4.1%	-3.3%	5.1%	30.6%	11.5%	-0.5%	-1.1%
Portales, NM	74	19,019	14.6%	14.8%	\$53,749	-2.4%	-1.2%	1.2%	24.8%	6.9%	13.2%	-1.7%
Hood River, OR	75	24,057	10.7%	19.6%	\$62,553	2.1%	-7.8%	1.3%	24.1%	8.8%	10.3%	-4.0%

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Blackfoot, ID	76	48,876	10.2%	12.2%	\$48,047	4.1%	-3.4%	4.6%	22.1%	7.3%	14.0%	3.9%
Cullowhee, NC	77	57,546	14.6%	15.3%	\$46,014	3.0%	-4.8%	3.2%	20.9%	9.1%	13.2%	-1.3%
Emporia, KS	78	34,596	7.6%	13.9%	\$50,362	-0.8%	-4.7%	4.3%	23.3%	11.8%	19.1%	0.0%
Morehead City, NC	79	68,541	15.0%	17.1%	\$61,638	-0.4%	-4.3%	2.2%	24.0%	6.4%	9.3%	-5.7%
Pinehurst-Southern Pines, NC	80	102,763	9.1%	18.8%	\$63,071	4.2%	-6.6%	2.3%	22.3%	10.9%	2.2%	-5.5%
Shelton, WA	81	67,615	16.9%	18.2%	\$47,322	0.6%	-4.8%	1.6%	24.2%	8.6%	1.4%	-3.7%
Oxford, MS	82	56,884	13.7%	14.9%	\$54,344	6.3%	-6.9%	7.3%	13.5%	9.9%	7.0%	-3.0%
Moscow, ID	83	40,313	12.8%	17.8%	\$49,632	-2.0%	-5.5%	3.1%	24.8%	9.5%	6.1%	-3.2%
Marshall, MO	84	23,289	6.0%	15.7%	\$50,140	-4.0%	-2.6%	1.2%	23.0%	13.3%	8.0%	2.5%
Payson, AZ	85	53,589	9.9%	15.8%	\$55,192	-4.0%	-4.4%	2.0%	29.2%	10.7%	-2.1%	-0.2%
Worthington, MN	86	21,991	8.2%	15.9%	\$60,817	-0.2%	-2.0%	0.3%	22.9%	11.6%	1.4%	-1.7%
Bonham, TX	87	36,569	16.9%	14.7%	\$46,613	11.9%	-6.6%	1.7%	14.3%	2.3%	29.7%	2.9%
Union City, TN	88	30,466	11.7%	13.4%	\$52,501	10.5%	-2.7%	3.4%	16.5%	7.3%	4.5%	0.6%
Port Lavaca, TX	89	19,727	7.6%	16.9%	\$57,147	0.3%	-3.5%	1.2%	18.6%	6.5%	46.4%	-4.3%
Laramie, WY	90	37,608	13.6%	17.1%	\$46,824	-2.0%	-1.9%	4.1%	23.1%	7.8%	-8.3%	-1.5%
Liberal, KS	91	21,747	5.1%	13.0%	\$49,868	-7.9%	-0.4%	-1.1%	38.2%	16.0%	-14.8%	2.8%
Spearfish, SD	92	26,165	12.4%	13.5%	\$62,294	0.0%	-3.7%	3.5%	20.7%	10.2%	-0.1%	-2.9%
Lawrenceburg, TN	93	44,828	11.3%	15.8%	\$44,090	6.6%	-1.6%	4.9%	17.3%	6.6%	-0.3%	-0.7%
Maryville, MO	94	21,160	8.3%	13.9%	\$42,270	-1.4%	-2.9%	4.8%	17.0%	9.1%	3.5%	8.3%
Taos, NM	95	34,623	16.3%	16.1%	\$49,136	-6.0%	-10.0%	7.0%	26.0%	13.0%	-2.2%	-5.6%
Palatka, FL	96	74,167	12.4%	15.3%	\$39,386	-2.1%	-3.1%	4.3%	19.3%	10.3%	4.8%	1.2%
Holland, MI	97	120,950	9.3%	16.7%	\$56,970	0.1%	-6.2%	2.8%	18.9%	10.3%	9.0%	-1.0%
Show Low, AZ	98	108,147	16.8%	13.4%	\$45,163	-2.5%	-2.9%	2.0%	26.9%	11.5%	-1.6%	-4.0%
Martin, TN	99	33,036	13.2%	17.2%	\$47,858	0.3%	-2.5%	1.5%	19.9%	5.3%	15.3%	-1.5%
Clarksburg, WV	100	89,385	9.2%	16.5%	\$57,435	-2.9%	-7.2%	3.5%	22.2%	4.5%	16.3%	3.4%
Traverse City, MI	101	154,685	11.0%	16.8%	\$64,421	-4.2%	-9.1%	3.4%	22.1%	12.5%	2.6%	-3.8%
Kerrville, TX	102	53,161	14.0%	14.5%	\$61,432	1.3%	-4.7%	3.3%	14.1%	5.8%	12.9%	-0.5%
Concord, NH	103	155,238	7.1%	23.3%	\$63,381	-3.4%	-6.1%	-0.1%	20.4%	8.4%	2.4%	-3.6%
Torrington, CT	104	185,000	9.5%	22.5%	\$65,533	-7.4%	-7.4%	3.3%	20.7%	9.3%	-4.7%	-5.6%
Shelby, NC	105	100,359	9.2%	21.3%	\$48,148	2.0%	-3.8%	1.9%	19.5%	5.1%	15.8%	-4.5%
Augusta-Waterville, ME	106	124,486	7.3%	17.9%	\$54,594	-1.3%	-3.6%	0.9%	22.2%	8.6%	6.5%	-0.3%
Hannibal, MO	107	38,879	7.3%	16.7%	\$51,531	-4.5%	-3.7%	0.1%	20.4%	7.7%	19.4%	4.8%
Statesboro, GA	108	82,442	12.6%	15.2%	\$41,400	0.5%	-4.1%	3.4%	22.4%	9.6%	9.4%	-2.2%
Findlay, OH	109	74,656	5.8%	21.9%	\$61,971	-2.2%	-5.5%	-0.7%	22.9%	12.6%	-14.5%	-2.7%
Rochelle, IL	110	51,449	8.4%	17.3%	\$57,988	-8.7%	-4.3%	0.4%	17.9%	11.7%	-1.1%	4.9%
Hermiston-Pendleton, OR	111	92,291	9.3%	14.5%	\$49,671	3.1%	-3.6%	2.1%	21.0%	10.6%	12.4%	-2.7%
Durango, CO	112	56,250	13.4%	21.0%	\$64,124	-4.7%	-7.2%	3.4%	19.8%	9.4%	-15.0%	-6.1%
Fort Morgan, CO	113	29,008	12.0%	14.5%	\$50,941	1.1%	-4.2%	1.2%	29.5%	8.1%	0.1%	-2.4%
Warrensburg, MO	114	54,150	11.1%	14.0%	\$46,801	0.9%	-1.8%	0.2%	18.7%	9.0%	6.8%	3.2%
Raymondville, TX	115	20,316	11.1%	10.1%	\$34,728	1.6%	-2.7%	12.0%	18.5%	6.2%	7.8%	1.1%
Ada, OK	116	38,163	13.6%	12.9%	\$54,846	3.5%	-1.8%	-1.0%	24.4%	5.2%	14.4%	-1.7%
Sikeston, MO	117	37,840	8.7%	14.7%	\$51,388	-1.1%	-2.3%	3.4%	19.2%	8.5%	4.9%	0.6%
Watertown, SD	118	34,682	9.6%	12.1%	\$61,075	-0.7%	-3.3%	5.4%	12.9%	6.2%	3.2%	5.2%
Lebanon, NH-VT	119	223,471	7.4%	19.9%	\$62,429	-5.4%	-7.0%	3.6%	19.7%	9.3%	0.3%	-2.7%
Faribault-Northfield, MN	120	67,262	7.2%	18.2%	\$53,997	2.0%	-5.4%	2.2%	17.5%	9.8%	7.5%	-2.2%
Bardstown, KY	121	47,098	9.4%	14.7%	\$55,550	4.2%	-5.6%	5.3%	21.8%	9.3%	-10.9%	-2.3%
Española, NM	122	40,179	10.8%	12.9%	\$46,627	-5.6%	-5.8%	-1.1%	35.9%	11.5%	-2.1%	3.8%
Brookhaven, MS	123	34,943	9.4%	13.9%	\$49,721	2.5%	-1.3%	6.5%	17.4%	5.1%	5.1%	-1.8%

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Albertville, AL	124	98,228	13.7%	13.9%	\$47,902	7.0%	-2.1%	0.7%	19.4%	6.9%	5.0%	-2.3%
DeRidder, LA	125	36,584	7.7%	14.3%	\$54,765	-5.6%	-0.9%	9.8%	14.2%	4.2%	6.1%	-0.8%
Sevierville, TN	126	99,517	14.7%	16.1%	\$51,405	2.9%	-8.4%	6.1%	23.4%	9.7%	1.9%	-10.1%
Brainerd, MN	127	97,909	10.6%	13.4%	\$56,206	-3.9%	-8.2%	8.9%	22.1%	11.5%	-5.2%	-3.7%
Kill Devil Hills, NC	128	37,826	12.2%	18.4%	\$68,539	-6.8%	-7.6%	1.1%	25.1%	9.5%	4.0%	-8.2%
Alexandria, MN	129	39,238	10.9%	14.5%	\$63,252	1.2%	-4.9%	1.5%	17.8%	10.0%	-1.8%	-1.7%
Ontario, OR-ID	130	58,043	12.4%	15.2%	\$42,361	3.9%	-0.6%	1.0%	17.5%	7.0%	4.1%	-0.6%
Kearney, NE	131	57,013	10.9%	16.2%	\$67,970	-2.9%	-3.9%	1.6%	15.5%	7.6%	3.2%	-2.7%
Roseburg, OR	132	111,978	11.9%	14.7%	\$48,134	3.3%	-3.8%	2.0%	17.3%	8.7%	7.8%	-1.4%
Lexington, NE	133	25,722	7.2%	14.5%	\$56,133	-0.8%	-0.7%	1.7%	24.0%	7.7%	-1.7%	-1.6%
Spirit Lake, IA	134	17,851	9.6%	16.1%	\$72,456	-5.5%	-5.1%	7.7%	8.0%	7.6%	3.3%	-4.1%
Big Spring, TX	135	34,128	12.9%	12.3%	\$49,398	-2.6%	-8.6%	3.7%	13.7%	-0.6%	128.3%	-10.8%
Calhoun, GA	136	58,237	5.7%	16.6%	\$44,189	5.7%	-3.5%	2.8%	26.4%	6.8%	8.7%	-4.0%
Blytheville, AR	137	39,661	12.9%	13.9%	\$44,154	-5.4%	-5.1%	0.0%	31.0%	1.9%	32.6%	1.9%
Sulphur Springs, TX	138	37,211	12.3%	15.9%	\$49,523	2.2%	-1.5%	2.9%	13.0%	4.5%	15.7%	-2.7%
Stephenville, TX	139	43,378	13.2%	15.3%	\$48,079	0.9%	-6.0%	4.5%	16.5%	4.6%	13.7%	0.1%
Bedford, IN	140	45,070	10.0%	14.0%	\$52,131	1.5%	-5.5%	2.8%	19.5%	8.2%	5.3%	1.1%
Enterprise, AL	141	54,174	14.5%	13.9%	\$54,142	4.5%	-3.1%	3.9%	16.5%	7.5%	-3.9%	-5.0%
Fergus Falls, MN	142	60,046	8.8%	15.8%	\$59,491	-2.8%	-5.1%	1.6%	18.7%	9.6%	-1.7%	1.0%
Picayune, MS	143	56,503	16.2%	15.5%	\$47,455	2.9%	-3.0%	0.8%	11.6%	6.2%	10.6%	-0.7%
Fitzgerald, GA	144	17,158	4.1%	18.6%	\$42,404	0.5%	0.3%	2.0%	18.2%	7.8%	1.0%	-0.2%
Frankfort, KY	145	75,717	10.0%	20.6%	\$53,572	-3.4%	-4.9%	2.5%	16.2%	7.9%	-3.9%	-2.7%
Brookings, OR	146	23,683	16.0%	14.3%	\$49,903	0.4%	-5.1%	1.8%	14.3%	9.0%	7.3%	-1.0%
Pittsburg, KS	147	39,110	8.6%	13.6%	\$49,133	-1.7%	-3.2%	2.4%	18.2%	9.6%	13.6%	0.5%
Norfolk, NE	148	48,466	7.2%	14.5%	\$62,926	-2.0%	-3.2%	0.7%	18.1%	7.1%	10.3%	1.4%
Keene, NH	149	77,329	8.4%	20.1%	\$55,685	-7.1%	-6.1%	2.3%	19.0%	8.9%	1.7%	-2.2%
Coffeyville, KS	150	31,156	14.1%	12.9%	\$46,489	-12.5%	-5.3%	4.7%	11.8%	7.0%	38.8%	3.0%
Zanesville, OH	151	86,408	6.7%	15.5%	\$52,495	1.0%	-2.3%	1.7%	18.4%	10.3%	0.5%	-1.7%
Laconia, NH	152	64,460	8.0%	17.6%	\$66,439	-6.6%	-8.4%	3.8%	20.9%	10.6%	0.2%	-4.3%
Aberdeen, WA	153	76,841	14.1%	17.8%	\$45,063	-0.2%	-6.2%	4.1%	22.8%	8.2%	-5.0%	-6.3%
Yankton, SD	154	23,297	7.1%	13.2%	\$62,137	-3.0%	-5.1%	2.2%	17.4%	7.9%	16.1%	2.2%
Newberry, SC	155	37,996	8.8%	15.1%	\$49,984	1.3%	-2.0%	2.9%	15.3%	5.4%	10.5%	0.5%
Coldwater, MI	156	44,985	6.4%	16.0%	\$48,173	5.8%	-4.3%	1.6%	17.1%	8.2%	9.8%	-0.2%
Elizabeth City, NC	157	53,951	9.8%	16.4%	\$49,752	-4.9%	-2.8%	2.4%	17.9%	7.8%	4.7%	-0.5%
Mayfield, KY	158	36,615	9.5%	15.6%	\$49,133	2.8%	-3.7%	3.4%	19.6%	7.0%	1.7%	-2.7%
Vermillion, SD	159	15,150	13.1%	13.9%	\$48,618	-0.2%	-7.5%	6.7%	15.6%	10.6%	11.7%	-5.9%
Fort Leonard Wood, MO	160	53,816	8.9%	15.3%	\$52,068	-3.5%	-3.0%	2.9%	16.6%	7.6%	-0.2%	2.2%
Sunbury, PA	161	91,266	6.9%	18.0%	\$52,933	-6.7%	-7.4%	1.0%	25.2%	10.8%	2.3%	-0.2%
Beaver Dam, WI	162	89,313	8.5%	16.9%	\$54,634	-0.3%	-3.1%	1.8%	15.7%	7.9%	-1.7%	-0.8%
Greensburg, IN	163	26,320	3.2%	17.0%	\$54,558	0.7%	-8.3%	1.5%	16.7%	8.3%	32.1%	0.4%
Dyersburg, TN	164	36,615	7.8%	15.2%	\$52,046	-5.5%	-4.7%	5.5%	20.9%	8.0%	6.0%	-2.5%
North Vernon, IN	165	27,409	7.3%	14.8%	\$51,544	0.9%	-3.6%	1.9%	16.0%	7.4%	10.9%	1.4%
Hilo, HI	166	202,906	10.6%	21.3%	\$43,172	-6.8%	-13.7%	15.1%	15.6%	8.2%	1.4%	-8.2%
Tifton, GA	167	41,212	6.8%	17.0%	\$49,479	7.5%	-1.5%	4.4%	2.4%	8.3%	-3.7%	0.5%
Palestine, TX	168	58,402	11.9%	17.2%	\$42,501	-0.3%	-3.9%	3.7%	15.2%	4.2%	11.9%	-1.4%
Menomonee, WI	169	45,547	6.8%	16.6%	\$50,221	1.5%	-3.7%	2.4%	15.3%	8.1%	1.1%	0.3%
New Castle, IN	170	48,935	7.9%	14.9%	\$48,859	-2.9%	-4.6%	0.8%	19.9%	7.7%	18.4%	1.3%
Columbus, NE	171	34,241	6.5%	13.6%	\$58,885	0.6%	-2.5%	3.3%	14.9%	6.1%	6.1%	0.7%
Sterling, CO	172	21,487	18.0%	13.7%	\$48,343	-7.6%	-2.5%	-1.4%	27.3%	8.0%	-15.5%	0.6%

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Starkville, MS	173	61,825	11.8%	13.8%	\$45,683	-0.2%	-4.6%	1.6%	19.0%	7.7%	8.6%	0.7%
Watertown-Fort Atkinson, WI	174	84,943	7.8%	16.1%	\$55,809	-2.3%	-3.9%	2.7%	18.9%	11.5%	-6.0%	-4.7%
Thomasville, GA	175	45,842	9.8%	15.7%	\$57,863	-4.3%	-1.9%	5.3%	14.0%	6.3%	-3.2%	-3.5%
Houghton, MI	176	39,420	12.6%	14.3%	\$49,361	-5.0%	-5.1%	3.9%	18.7%	9.4%	0.5%	-2.0%
Seymour, IN	177	46,067	4.1%	16.8%	\$54,149	4.5%	-2.7%	2.0%	16.1%	3.7%	8.0%	0.7%
Cookeville, TN	178	115,777	8.5%	15.1%	\$47,433	7.0%	-1.0%	2.6%	15.0%	4.3%	7.1%	-2.4%
Elko, NV	179	55,818	8.3%	14.9%	\$54,235	-1.1%	-4.9%	-2.2%	24.7%	7.6%	16.8%	-0.8%
Clovis, NM	180	47,999	7.3%	13.0%	\$55,917	-2.3%	-1.1%	2.2%	18.5%	7.5%	4.9%	-0.9%
Scottsburg, IN	181	24,355	5.2%	18.2%	\$47,683	5.2%	-4.5%	-1.9%	18.8%	8.5%	13.2%	-1.6%
Susanville, CA	182	33,159	13.4%	15.3%	\$40,519	-9.2%	-7.1%	-0.6%	25.8%	14.5%	-6.1%	1.1%
Rolla, MO	183	44,937	10.1%	14.7%	\$48,923	1.7%	-1.9%	1.9%	16.6%	7.2%	-1.8%	-1.3%
Batavia, NY	184	57,853	7.9%	17.2%	\$53,689	-8.0%	-8.7%	4.7%	26.4%	10.3%	-2.9%	-4.3%
Brookings, SD	185	34,639	8.1%	17.5%	\$55,034	-3.1%	-6.0%	3.2%	14.3%	8.5%	-3.1%	0.3%
Lewisburg, TN	186	34,984	10.8%	15.6%	\$49,333	6.9%	-8.2%	1.1%	18.5%	4.0%	28.5%	-3.2%
Stevens Point, WI	187	70,468	7.4%	17.5%	\$56,061	-4.7%	-5.4%	2.2%	18.9%	9.6%	4.5%	-4.4%
Price, UT	188	20,372	11.1%	12.6%	\$48,324	0.5%	-1.5%	0.2%	20.9%	5.9%	4.3%	0.3%
Opelousas, LA	189	82,071	9.3%	17.8%	\$53,749	-4.5%	-3.0%	1.2%	13.0%	4.8%	5.3%	1.3%
Spencer, IA	190	16,440	7.2%	16.5%	\$62,244	-5.7%	-2.6%	2.9%	11.8%	7.5%	6.5%	-2.9%
Hudson, NY	191	61,778	13.2%	22.4%	\$66,052	-7.7%	-9.4%	1.2%	19.2%	8.5%	-14.4%	-7.6%
Brenham, TX	192	35,891	9.8%	15.4%	\$63,987	-0.6%	-0.9%	-1.4%	12.1%	6.1%	6.0%	-2.0%
Amsterdam, NY	193	49,558	6.3%	17.7%	\$50,285	-4.1%	-8.1%	3.7%	27.4%	10.0%	0.6%	-6.1%
Norwalk, OH	194	58,367	8.9%	16.5%	\$52,238	-2.4%	-7.0%	3.2%	16.4%	9.0%	3.0%	-1.6%
Oneonta, NY	195	58,123	6.1%	20.8%	\$53,480	-11.6%	-12.0%	4.8%	28.2%	11.5%	1.0%	-6.8%
Lewisburg, PA	196	42,568	7.4%	16.2%	\$50,584	-3.1%	-6.9%	2.0%	22.7%	8.8%	1.1%	-0.6%
Paducah, KY-IL	197	98,068	13.3%	19.6%	\$57,692	-6.5%	-5.0%	3.6%	12.7%	5.6%	-8.5%	-4.6%
Columbus, MS	198	58,150	8.1%	13.6%	\$52,119	-2.9%	-6.2%	2.3%	20.2%	7.1%	10.9%	1.5%
Butte-Silver Bow, MT	199	35,411	10.3%	14.1%	\$54,775	-4.6%	-4.4%	2.5%	18.8%	9.4%	-0.5%	-2.9%
Jacksonville, IL	200	37,442	9.8%	13.6%	\$51,149	-6.7%	-5.1%	-0.2%	22.9%	10.8%	8.1%	-0.8%
Tiffin, OH	201	54,906	8.6%	16.8%	\$51,268	-3.6%	-6.4%	-0.3%	19.3%	10.8%	4.8%	-1.8%
Winnemucca, NV	202	17,648	8.2%	12.7%	\$55,830	-2.9%	-1.9%	-1.8%	19.5%	8.8%	10.3%	-0.1%
Boone, NC	203	54,234	13.7%	15.4%	\$46,460	-0.4%	-8.2%	5.6%	18.9%	8.4%	4.5%	-7.2%
Greenville, OH	204	51,597	7.4%	14.0%	\$54,795	-4.8%	-4.5%	2.5%	17.7%	10.1%	-1.0%	0.0%
Dublin, GA	205	65,013	7.8%	15.5%	\$45,108	0.6%	-4.2%	2.0%	20.2%	7.3%	5.5%	-1.9%
Storm Lake, IA	206	20,771	6.3%	17.1%	\$55,014	-0.7%	-1.6%	0.7%	23.1%	8.5%	-35.6%	-0.1%
Portsmouth, OH	207	73,346	10.0%	16.2%	\$49,932	-2.4%	-2.4%	3.5%	16.2%	8.3%	-16.6%	-2.6%
Coos Bay, OR	208	64,999	10.4%	14.7%	\$52,536	0.3%	-5.0%	0.5%	19.7%	7.5%	7.5%	-3.4%
Huron, SD	209	20,757	7.4%	14.4%	\$60,372	-1.6%	-2.8%	1.4%	14.1%	6.6%	-1.9%	1.0%
Bainbridge, GA	210	29,038	10.9%	12.4%	\$47,840	-0.6%	-5.6%	2.4%	17.2%	7.8%	6.1%	1.4%
Mount Pleasant, TX	211	43,799	10.3%	13.1%	\$44,839	2.9%	0.3%	4.2%	10.8%	8.4%	-14.6%	-1.2%
Juneau, AK	212	31,973	8.4%	14.9%	\$73,420	-11.2%	-11.7%	6.6%	17.7%	12.6%	-4.3%	-5.2%
Kapaa, HI	213	73,454	11.3%	21.6%	\$50,455	-12.0%	-20.9%	22.9%	18.1%	10.0%	-7.7%	-16.9%
El Campo, TX	214	41,721	12.6%	13.9%	\$52,989	0.4%	-4.0%	0.4%	16.4%	3.4%	14.8%	-1.2%
Campbellsville, KY	215	37,526	7.8%	16.7%	\$46,043	5.4%	-1.1%	-3.2%	13.7%	7.1%	4.0%	0.3%
Vicksburg, MS	216	43,579	7.4%	17.1%	\$52,438	-7.7%	-4.5%	1.0%	19.5%	6.6%	10.8%	-1.4%
Astoria, OR	217	41,810	11.5%	16.0%	\$50,663	-1.2%	-9.4%	3.1%	20.5%	10.6%	1.0%	-6.1%
Moberly, MO	218	24,760	11.3%	14.3%	\$49,604	-4.2%	-4.4%	4.0%	16.6%	8.4%	-1.6%	-2.9%
Garden City, KS	219	41,998	8.2%	12.7%	\$55,258	2.8%	-3.2%	-1.8%	21.1%	9.5%	0.5%	-1.9%
Sonora, CA	220	55,810	12.1%	16.4%	\$49,743	-5.9%	-9.6%	4.7%	22.3%	10.2%	7.1%	-8.8%
Alpena, MI	221	28,893	12.4%	13.8%	\$51,959	-5.2%	-4.7%	4.2%	15.5%	9.5%	-5.4%	-3.3%

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Klamath Falls, OR	222	70,164	9.9%	14.9%	\$46,234	0.3%	-4.6%	2.0%	16.6%	8.5%	5.9%	-3.3%
Altus, OK	223	24,777	8.5%	12.8%	\$53,327	-2.0%	-2.7%	-0.2%	22.2%	6.0%	6.6%	-0.2%
Paris, TX	224	50,098	10.6%	14.4%	\$50,968	5.2%	-4.0%	3.4%	8.8%	3.1%	15.5%	-1.8%
Bennington, VT	225	37,312	9.3%	20.9%	\$60,591	-8.9%	-11.3%	2.9%	21.9%	7.9%	-1.5%	-6.0%
Adrian, MI	226	98,956	8.6%	18.2%	\$50,976	-13.3%	-9.5%	5.2%	15.8%	11.8%	1.1%	-1.7%
Willmar, MN	227	43,767	7.0%	15.6%	\$64,475	1.3%	-3.4%	-4.0%	19.1%	9.0%	-6.1%	-2.0%
Crawfordsville, IN	228	38,063	4.8%	18.5%	\$50,448	-6.2%	-2.8%	0.7%	16.0%	5.0%	1.5%	2.6%
Huntsville, TX	229	77,977	13.8%	15.0%	\$35,412	3.5%	-2.2%	-0.6%	14.7%	4.2%	10.2%	0.1%
Beatrice, NE	230	21,616	10.8%	15.2%	\$59,478	-6.2%	-4.8%	1.0%	17.3%	6.8%	2.7%	-2.8%
Harrison, AR	231	45,034	10.9%	13.5%	\$43,539	-1.4%	-4.3%	3.6%	18.4%	5.8%	4.5%	-1.2%
Albemarle, NC	232	63,425	9.9%	15.3%	\$49,302	-1.8%	-4.8%	2.1%	21.9%	7.2%	-0.4%	-5.0%
Lewistown, PA	233	46,136	7.5%	15.0%	\$49,473	-0.7%	-4.6%	-1.1%	19.9%	7.0%	3.3%	2.1%
Troy, AL	234	32,991	6.9%	13.0%	\$48,257	4.5%	0.0%	5.0%	10.9%	6.4%	-1.1%	-3.9%
Big Rapids, MI	235	40,031	13.3%	13.1%	\$42,740	-9.4%	-7.4%	3.5%	22.2%	13.0%	-0.8%	-3.5%
Greenwood, MS	236	37,436	7.0%	13.2%	\$51,107	-0.8%	-4.1%	5.0%	15.0%	6.9%	0.4%	-0.7%
Ottawa, IL	237	147,414	6.2%	17.0%	\$57,271	-9.3%	-6.9%	3.1%	16.2%	8.4%	-1.5%	0.7%
Natchitoches, LA	238	37,026	8.3%	14.8%	\$50,919	-0.3%	-3.5%	4.3%	16.4%	6.7%	1.9%	-5.7%
West Point, MS	239	18,535	6.5%	14.2%	\$49,799	-2.5%	-4.0%	8.6%	16.0%	2.3%	2.0%	-1.3%
Mountain Home, AR	240	42,144	11.1%	13.2%	\$46,752	1.1%	-0.5%	1.4%	16.1%	3.9%	7.9%	-3.0%
Alexander City, AL	241	51,473	8.7%	16.9%	\$51,295	-6.9%	-7.8%	2.6%	18.6%	9.2%	3.1%	-2.5%
Cornelia, GA	242	46,774	10.8%	17.8%	\$42,939	-8.1%	-7.0%	1.1%	26.8%	7.7%	2.2%	-4.3%
Marshall, MN	243	25,231	4.6%	18.4%	\$61,616	-10.1%	-6.2%	3.6%	18.9%	12.8%	-8.1%	-8.1%
Berlin, NH	244	31,289	9.0%	15.0%	\$49,208	-9.3%	-10.0%	4.6%	22.0%	11.0%	-1.6%	-1.0%
Washington, NC	245	44,468	10.2%	14.9%	\$53,640	-1.9%	-0.8%	2.8%	13.9%	5.8%	-10.7%	-3.5%
Ashland, OH	246	52,316	7.1%	15.6%	\$49,044	0.6%	-4.4%	-0.7%	13.3%	9.6%	2.5%	0.5%
Connersville, IN	247	23,360	6.5%	16.0%	\$51,538	-9.5%	-7.1%	1.5%	20.9%	11.6%	-1.5%	-0.4%
Angola, IN	248	34,632	9.4%	13.7%	\$54,556	-4.0%	-7.6%	2.5%	19.8%	9.0%	5.9%	-3.0%
North Platte, NE	249	35,199	10.5%	15.7%	\$61,069	-4.8%	-2.5%	0.5%	15.9%	7.4%	-10.2%	-4.4%
Vincennes, IN	250	35,956	8.8%	14.0%	\$55,833	-5.1%	-3.5%	1.6%	16.3%	7.1%	0.3%	-0.9%
Sterling, IL	251	55,305	7.7%	14.3%	\$56,422	-3.7%	-6.7%	1.6%	21.3%	9.5%	-3.4%	-2.4%
Poplar Bluff, MO	252	52,718	12.1%	12.4%	\$45,194	-6.1%	-1.2%	1.7%	13.9%	6.7%	-3.0%	2.9%
Ludington, MI	253	29,383	14.2%	13.6%	\$51,551	-10.8%	-8.9%	4.7%	21.8%	10.3%	-6.5%	-3.7%
Fort Payne, AL	254	71,813	9.3%	14.2%	\$41,987	3.2%	-3.9%	3.2%	19.8%	6.8%	-2.5%	-4.3%
Newport, OR	255	50,862	13.9%	17.2%	\$49,057	-5.4%	-10.8%	4.6%	21.3%	8.5%	-2.3%	-7.6%
Mitchell, SD	256	23,383	8.3%	13.4%	\$65,179	-6.4%	-3.9%	1.0%	15.1%	7.7%	5.0%	-2.6%
Selinsgrove, PA	257	39,621	12.6%	13.5%	\$52,557	-6.4%	-6.7%	1.2%	21.4%	7.2%	9.7%	-3.4%
Jamestown, ND	258	21,576	7.8%	16.0%	\$69,674	-8.0%	-3.2%	-1.4%	15.8%	5.8%	4.1%	-2.8%
Richmond-Berea, KY	259	108,758	10.8%	19.2%	\$45,064	-6.9%	-7.6%	4.6%	18.1%	6.1%	-3.9%	-4.5%
Red Wing, MN	260	47,968	8.1%	17.2%	\$65,808	-8.7%	-9.4%	2.3%	11.8%	7.8%	0.2%	0.5%
Newport, TN	261	36,418	5.3%	18.1%	\$42,184	-4.9%	-6.4%	5.8%	20.1%	7.8%	-9.0%	-2.9%
Gallup, NM	262	71,780	9.8%	11.4%	\$37,516	-5.4%	-7.2%	2.3%	33.0%	11.0%	-1.4%	-2.7%
Decatur, IN	263	35,961	11.9%	11.5%	\$48,218	-3.4%	-5.9%	0.5%	20.1%	7.5%	15.8%	-1.4%
Dayton, TN	264	33,136	12.3%	15.1%	\$44,659	-4.1%	-4.9%	10.2%	12.6%	9.4%	-2.5%	-13.3%
Martinsville, VA	265	63,765	10.9%	13.2%	\$50,201	-3.4%	-4.9%	1.6%	16.1%	7.0%	5.0%	-1.0%
Plymouth, IN	266	46,121	9.2%	16.1%	\$51,427	-9.7%	-5.1%	2.1%	16.6%	7.6%	0.6%	-1.0%
Thomaston, GA	267	27,720	7.0%	17.0%	\$46,099	-2.8%	-3.3%	5.4%	14.9%	3.1%	0.8%	-3.0%
Wooster, OH	268	116,710	6.9%	16.1%	\$56,861	-0.6%	-7.5%	1.1%	19.4%	6.7%	8.2%	-4.3%
Danville, KY	269	54,990	7.8%	18.4%	\$47,048	-1.5%	-5.0%	2.2%	15.3%	6.9%	0.8%	-5.0%
Craig, CO	270	13,185	10.9%	14.1%	\$49,651	-5.0%	-4.1%	-1.5%	22.9%	7.9%	-6.4%	-0.5%

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Madison, IN	271	33,141	6.2%	15.6%	\$54,597	-6.1%	-4.9%	3.4%	13.1%	6.7%	7.4%	-1.4%
Searcy, AR	272	77,207	9.3%	14.7%	\$46,341	-3.1%	-1.1%	4.1%	12.9%	5.0%	-6.4%	-1.8%
Tullahoma-Manchester, TN	273	108,891	5.5%	17.2%	\$50,017	-1.6%	-3.1%	-1.8%	16.0%	5.8%	15.9%	-2.1%
New Ulm, MN	274	25,819	7.2%	14.4%	\$67,456	-5.4%	-6.6%	0.1%	19.6%	10.2%	0.1%	-5.5%
Hays, KS	275	28,790	8.9%	13.4%	\$58,078	-4.1%	-3.5%	2.9%	10.3%	7.1%	-0.9%	-0.8%
Van Wert, OH	276	28,732	5.2%	15.1%	\$53,941	1.4%	-7.1%	2.1%	20.6%	9.1%	-1.6%	-4.5%
Hutchinson, KS	277	61,414	6.3%	13.3%	\$50,923	-6.2%	-4.6%	4.1%	17.3%	8.1%	4.7%	-1.6%
Frankfort, IN	278	33,065	5.3%	13.6%	\$48,872	-3.2%	-4.0%	0.4%	17.5%	9.3%	8.2%	-0.1%
Dixon, IL	279	34,049	5.8%	16.7%	\$54,677	-3.6%	-4.1%	-1.0%	16.2%	4.3%	9.7%	0.9%
Camden, AR	280	27,047	5.8%	12.4%	\$48,295	1.0%	-0.6%	3.5%	22.7%	5.5%	-9.9%	-3.7%
Ogdensburg-Massena, NY	281	108,051	7.8%	15.7%	\$46,706	-4.6%	-6.5%	1.0%	26.1%	6.7%	-0.4%	-2.1%
Cullman, AL	282	89,496	7.2%	13.9%	\$51,029	1.6%	-2.9%	2.1%	16.0%	6.5%	-1.3%	-3.1%
Paris, TN	283	32,239	9.1%	13.5%	\$51,249	-2.0%	-4.5%	7.7%	15.1%	4.2%	1.0%	-5.7%
Alma, MI	284	41,544	7.2%	14.2%	\$47,844	-5.8%	-6.9%	-2.5%	23.5%	8.8%	5.4%	4.0%
Grants, NM	285	27,184	7.2%	14.8%	\$37,460	-6.9%	-3.0%	-5.0%	22.6%	15.4%	-6.8%	2.2%
La Grande, OR	286	26,212	8.9%	14.5%	\$46,991	0.0%	-4.2%	1.6%	15.5%	6.1%	5.0%	-2.0%
Platteville, WI	287	52,110	10.7%	12.9%	\$55,605	-2.0%	-3.0%	0.0%	14.1%	8.0%	4.0%	-3.8%
Wisconsin Rapids-Marshfield, WI	288	74,070	5.5%	16.4%	\$57,314	-1.3%	-5.8%	0.0%	15.8%	7.9%	3.4%	-2.6%
McPherson, KS	289	30,146	5.7%	13.6%	\$66,830	-1.5%	-4.1%	1.2%	10.8%	3.1%	27.0%	-3.3%
Fort Polk South, LA	290	48,027	7.7%	15.9%	\$52,804	-9.8%	-3.6%	5.3%	19.6%	2.7%	-4.9%	-1.9%
Freeport, IL	291	44,021	7.2%	16.0%	\$53,849	-0.9%	-5.2%	0.3%	14.3%	10.2%	-17.1%	-0.2%
Rockport, TX	292	24,510	17.6%	12.3%	\$59,549	-14.8%	-2.6%	9.7%	8.1%	1.2%	-9.7%	-2.6%
Tupelo, MS	293	163,162	8.7%	14.2%	\$49,273	-0.3%	-4.2%	1.2%	17.6%	5.7%	0.2%	-1.5%
Bradford, PA	294	39,941	5.1%	16.5%	\$52,961	-13.3%	-7.2%	0.2%	10.3%	5.0%	16.0%	10.8%
Winona, MN	295	49,630	4.9%	18.0%	\$58,917	-8.7%	-7.4%	1.3%	17.4%	8.9%	-1.8%	-1.9%
Nacogdoches, TX	296	64,668	10.3%	13.7%	\$45,108	-1.5%	-3.1%	1.8%	14.2%	6.1%	-0.9%	-0.8%
Carroll, IA	297	20,692	6.7%	17.6%	\$64,360	-7.3%	-5.7%	1.8%	14.2%	7.3%	-2.6%	-5.3%
Forest City, NC	298	64,586	12.3%	16.7%	\$42,477	-4.1%	-7.1%	1.0%	21.7%	6.8%	4.1%	-5.7%
Lake City, FL	299	70,385	12.1%	15.8%	\$41,432	2.4%	-2.5%	-2.1%	14.2%	5.3%	6.7%	-3.3%
Pottsville, PA	300	143,264	7.6%	16.5%	\$53,033	-5.6%	-5.8%	0.9%	22.3%	6.7%	-4.8%	-3.7%
Ruston, LA	301	48,152	12.3%	15.8%	\$52,366	0.1%	-6.2%	3.1%	8.4%	5.4%	5.8%	-5.1%
Kirkville, MO	302	29,210	7.4%	17.6%	\$40,352	-3.3%	-5.1%	-0.8%	17.4%	8.8%	-0.4%	-0.7%
Orangeburg, SC	303	82,962	9.8%	15.1%	\$46,191	-5.8%	-5.7%	2.5%	17.4%	8.8%	-4.2%	-3.0%
Hastings, NE	304	31,027	7.7%	17.5%	\$59,916	-2.6%	-2.8%	-2.3%	16.9%	5.7%	-4.2%	-5.0%
Sault Ste. Marie, MI	305	36,816	10.9%	13.8%	\$45,144	-8.3%	-5.4%	3.0%	18.5%	7.9%	0.2%	-2.3%
Winfield, KS	306	34,496	6.7%	14.2%	\$48,413	-5.3%	-1.8%	2.2%	16.6%	6.9%	-3.9%	-1.9%
Washington Court House, OH	307	28,906	5.9%	12.9%	\$52,713	-6.4%	-4.7%	-1.1%	25.0%	11.2%	-3.1%	-2.5%
Malvern, AR	308	33,148	9.9%	13.4%	\$39,918	-3.7%	-0.3%	0.6%	16.9%	6.4%	1.0%	-2.0%
Americus, GA	309	33,761	8.3%	19.1%	\$46,418	-4.9%	-5.6%	-1.6%	19.3%	7.0%	-2.6%	-2.6%
Hereford, TX	310	18,329	5.4%	11.7%	\$60,180	4.1%	1.7%	3.8%	11.5%	6.7%	-16.4%	-6.8%
Logansport, IN	311	37,563	5.0%	14.4%	\$50,323	-3.4%	-5.3%	-1.5%	18.4%	10.4%	2.6%	0.1%
Farmington, MO	312	67,541	10.3%	14.9%	\$43,507	-2.6%	-4.6%	0.1%	16.4%	8.5%	0.3%	-2.9%
Marion, OH	313	65,291	5.3%	17.6%	\$47,230	-3.0%	-6.4%	0.7%	18.4%	9.3%	-5.0%	-3.0%
Shelbyville, TN	314	51,119	7.4%	15.2%	\$48,598	-15.1%	-3.2%	3.5%	14.5%	6.8%	6.5%	-0.5%
Waycross, GA	315	56,009	11.9%	13.9%	\$44,762	1.9%	-4.0%	0.5%	12.4%	6.8%	0.8%	-3.0%
Somerset, KY	316	65,423	8.9%	17.3%	\$48,813	-3.9%	-6.8%	3.3%	14.5%	5.5%	1.3%	-4.2%

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Meridian, MS	317	96,338	7.9%	16.7%	\$49,281	-8.1%	-5.1%	-0.8%	17.5%	8.8%	0.7%	-2.0%
Greenwood, SC	318	69,241	7.7%	15.2%	\$48,643	-3.9%	-5.4%	-2.3%	20.4%	8.4%	1.8%	-1.1%
Jackson, OH	319	32,511	9.8%	12.3%	\$46,334	-2.2%	-0.5%	-3.8%	15.7%	11.4%	-4.2%	-1.6%
Kinston, NC	320	54,706	4.0%	14.5%	\$51,324	0.1%	-3.1%	-0.6%	22.5%	7.8%	-4.7%	-4.2%
Sandusky, OH	321	74,852	9.0%	15.7%	\$64,644	-10.6%	-10.1%	7.8%	20.0%	10.7%	-21.4%	-10.0%
LaGrange, GA-AL	322	104,261	9.8%	16.7%	\$46,988	-0.5%	-5.9%	1.5%	14.7%	4.6%	0.3%	-3.2%
Chillicothe, OH	323	76,891	8.3%	14.7%	\$48,254	0.8%	-5.2%	0.8%	12.2%	7.5%	0.8%	-1.7%
Rutland, VT	324	60,591	6.4%	18.3%	\$58,698	-12.6%	-10.2%	3.0%	26.3%	8.0%	-6.9%	-6.0%
Sanford, NC	325	64,138	6.1%	17.6%	\$51,913	-1.6%	-3.3%	2.3%	15.8%	4.5%	-10.3%	-4.7%
Roswell, NM	326	64,629	9.7%	10.5%	\$49,879	-5.2%	-3.4%	2.0%	23.7%	7.8%	-3.4%	-4.2%
Ozark, AL	327	49,342	7.0%	14.8%	\$47,981	2.8%	-1.8%	2.4%	12.4%	5.5%	-9.1%	-3.8%
Lincoln, IL	328	27,992	5.5%	15.8%	\$48,235	-5.9%	-5.5%	-3.9%	20.1%	8.5%	6.4%	2.1%
Cadillac, MI	329	49,031	10.9%	13.0%	\$46,810	-2.0%	-8.9%	4.4%	18.3%	9.6%	1.3%	-6.5%
Gloversville, NY	330	53,116	5.0%	17.3%	\$53,134	-9.0%	-7.4%	0.7%	25.3%	8.3%	2.8%	-6.1%
Douglas, GA	331	51,777	11.8%	13.9%	\$40,874	8.2%	-5.3%	-1.0%	19.5%	3.5%	7.0%	-4.6%
Uvalde, TX	332	24,729	17.5%	9.5%	\$49,562	-4.3%	-3.1%	0.4%	15.1%	7.6%	-14.4%	-0.5%
Auburn, NY	333	75,880	7.9%	16.5%	\$52,731	-9.7%	-7.8%	-0.1%	24.1%	9.5%	-4.3%	-4.3%
Auburn, IN	334	43,333	5.7%	14.6%	\$55,584	-2.0%	-6.4%	2.2%	15.4%	6.5%	2.7%	-2.7%
Crossville, TN	335	62,451	8.3%	16.4%	\$46,612	-1.1%	-3.7%	1.4%	12.0%	5.6%	2.7%	-4.1%
Wabash, IN	336	30,816	4.8%	15.3%	\$53,210	-7.7%	-6.4%	1.5%	19.4%	9.2%	-5.0%	-1.4%
Pierre, SD	337	20,726	10.8%	14.0%	\$63,249	-5.0%	-3.5%	1.1%	15.2%	7.3%	-5.4%	-8.8%
Escanaba, MI	338	36,826	7.6%	13.4%	\$51,476	-4.4%	-7.2%	2.0%	16.5%	9.3%	0.1%	-2.0%
Bucyrus-Galion, OH	339	41,754	9.7%	14.4%	\$50,043	-7.1%	-3.5%	-3.8%	18.8%	8.1%	-3.6%	0.9%
Vidalia, GA	340	35,564	10.5%	14.4%	\$45,106	-1.3%	-0.6%	-2.2%	11.1%	5.2%	-3.1%	0.7%
Salina, KS	341	59,726	7.5%	14.8%	\$60,141	-8.1%	-7.5%	1.7%	17.5%	9.3%	-4.6%	-4.1%
Austin, MN	342	40,158	5.2%	14.6%	\$57,042	-3.1%	-3.2%	0.2%	9.5%	6.7%	-5.3%	1.5%
Cordele, GA	343	19,879	10.5%	13.1%	\$43,593	-3.1%	-5.0%	2.9%	20.6%	4.0%	11.7%	-5.8%
Bay City, TX	344	36,344	12.1%	13.1%	\$52,733	-8.4%	-5.5%	4.3%	8.9%	2.5%	6.6%	1.3%
Miami, OK	345	30,340	10.6%	12.4%	\$46,952	-1.3%	-3.2%	4.6%	14.4%	3.8%	-2.2%	-4.0%
Urbana, OH	346	38,699	5.8%	15.8%	\$53,105	-4.6%	-6.6%	-2.2%	14.2%	5.9%	6.5%	3.8%
New Castle, PA	347	85,497	6.8%	17.3%	\$54,860	-7.6%	-7.4%	0.1%	19.3%	5.3%	-2.1%	-1.0%
Great Bend, KS	348	25,216	10.6%	16.5%	\$56,535	-7.6%	-4.0%	1.1%	12.0%	4.5%	-5.7%	-3.3%
Richmond, IN	349	66,456	7.1%	15.2%	\$51,679	-3.9%	-5.8%	0.3%	15.7%	7.1%	3.4%	-2.7%
Rockingham, NC	350	42,724	5.4%	15.9%	\$44,606	-2.5%	-2.9%	2.3%	16.6%	6.8%	-5.6%	-4.6%
Sweetwater, TX	351	14,597	5.8%	12.1%	\$52,587	2.7%	-1.1%	-0.3%	12.5%	2.4%	5.4%	1.1%
Lumberton, NC	352	116,328	6.4%	12.3%	\$38,252	-2.6%	-3.5%	-0.2%	21.8%	7.7%	13.3%	-2.6%
DuBois, PA	353	80,082	6.6%	14.3%	\$56,637	-4.8%	-6.1%	1.3%	21.3%	6.2%	-1.9%	-4.4%
Malone, NY	354	47,456	6.1%	17.9%	\$46,154	-7.5%	-8.6%	1.4%	27.9%	8.3%	-3.2%	-7.2%
Lebanon, MO	355	36,133	5.9%	11.7%	\$44,701	1.8%	-6.0%	2.2%	17.4%	8.5%	6.9%	-3.1%
Point Pleasant, WV-OH	356	54,315	8.8%	15.3%	\$48,306	-4.1%	-3.6%	3.0%	17.2%	4.3%	-4.8%	-5.5%
Batesville, AR	357	55,345	11.7%	13.2%	\$43,801	4.2%	-1.5%	1.9%	19.1%	3.5%	-6.9%	-9.1%
Fairmont, MN	358	19,915	7.2%	15.2%	\$65,415	-8.1%	-6.2%	1.0%	21.8%	8.8%	-1.4%	-11.1%
Easton, MD	359	37,626	8.6%	20.1%	\$83,944	-13.2%	-11.9%	0.4%	18.3%	7.2%	-11.1%	-9.8%
Henderson, NC	360	42,185	6.4%	15.1%	\$43,703	-9.6%	-6.1%	2.7%	20.0%	9.1%	-6.1%	-1.8%
Salem, OH	361	101,310	9.6%	14.8%	\$48,736	-8.5%	-5.7%	-2.5%	20.2%	11.3%	-6.3%	-2.8%
Manitowoc, WI	362	81,505	7.3%	16.3%	\$57,202	-4.6%	-5.2%	2.1%	9.0%	7.2%	-7.0%	-3.7%
Gaffney, SC	363	56,052	6.0%	15.3%	\$43,612	3.5%	-7.6%	1.5%	11.1%	8.6%	3.6%	-2.1%
Oskaloosa, IA	364	21,984	5.8%	14.8%	\$53,082	-2.8%	-2.5%	-0.9%	20.7%	4.9%	5.1%	-6.5%
Indianola, MS	365	25,402	8.4%	10.6%	\$41,851	-7.0%	-2.0%	1.8%	16.4%	4.2%	4.1%	3.8%

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Danville, VA	366	102,187	8.5%	15.0%	\$48,744	-8.1%	-4.9%	0.7%	21.1%	5.2%	-0.7%	-2.9%
Marquette, MI	367	66,103	9.2%	18.0%	\$50,549	-8.5%	-8.1%	1.8%	16.6%	9.2%	-10.9%	-5.4%
Marietta, OH	368	59,423	7.3%	15.8%	\$53,971	-5.8%	-6.7%	2.8%	15.2%	5.8%	-6.9%	-2.5%
New Philadelphia-Dover, OH	369	92,500	9.3%	13.8%	\$54,623	-4.9%	-5.5%	1.6%	13.5%	7.0%	-3.4%	-3.2%
Seneca Falls, NY	370	33,688	18.1%	17.8%	\$47,825	-8.2%	-14.2%	1.3%	26.1%	5.7%	0.5%	-9.4%
Milledgeville, GA	371	52,411	15.2%	13.4%	\$42,070	-1.2%	-3.7%	2.6%	11.3%	5.1%	-5.6%	-5.3%
Brownsville, TN	372	17,694	11.5%	13.5%	\$43,800	1.9%	0.8%	0.2%	16.9%	6.0%	-18.8%	-8.2%
Bogalusa, LA	373	45,133	9.4%	15.3%	\$44,875	-2.9%	-4.2%	4.5%	7.7%	4.6%	-3.2%	-2.9%
Mount Airy, NC	374	71,152	8.7%	13.0%	\$48,746	-4.8%	-7.2%	2.0%	23.8%	7.6%	-2.1%	-5.8%
Charleston-Mattoon, IL	375	57,110	11.4%	13.9%	\$60,088	-3.6%	-5.3%	0.7%	10.2%	7.3%	14.8%	-11.0%
Bluffton, IN	376	28,197	5.5%	17.6%	\$51,912	-3.0%	-3.1%	-1.8%	14.8%	5.4%	-5.4%	-3.2%
Albert Lea, MN	377	30,749	8.0%	15.4%	\$56,847	-5.4%	-5.7%	-2.0%	13.3%	8.0%	-1.1%	-2.3%
London, KY	378	149,615	7.4%	16.7%	\$42,742	0.4%	-2.6%	1.3%	12.0%	4.1%	-5.4%	-3.9%
Ponca City, OK	379	43,732	10.5%	13.7%	\$51,365	-6.1%	-3.6%	1.8%	12.1%	3.4%	0.5%	-2.0%
Pontiac, IL	380	35,664	6.5%	15.2%	\$60,290	-6.4%	-5.4%	-2.2%	11.8%	5.9%	12.3%	-1.6%
Corinth, MS	381	34,349	7.1%	18.2%	\$45,985	-3.2%	-6.5%	0.2%	15.8%	5.2%	-3.1%	-3.0%
Sedalia, MO	382	43,188	7.3%	15.1%	\$47,690	-4.8%	-6.0%	0.8%	18.6%	6.2%	-5.5%	-2.1%
McComb, MS	383	39,973	7.7%	16.1%	\$40,983	-2.2%	-1.6%	-0.1%	15.0%	4.2%	-10.1%	-1.7%
Lamesa, TX	384	12,413	19.8%	10.6%	\$46,649	-7.2%	-5.8%	1.3%	12.3%	2.0%	11.1%	-1.7%
Cambridge, OH	385	38,287	8.7%	16.6%	\$51,525	-10.4%	-7.7%	-0.5%	13.1%	7.5%	8.1%	-1.8%
Marshalltown, IA	386	39,853	5.5%	15.5%	\$54,578	-11.6%	-4.7%	-1.6%	12.8%	8.2%	2.0%	1.1%
Sidney, OH	387	47,977	3.8%	15.4%	\$56,923	-5.1%	-6.4%	1.4%	11.5%	5.7%	2.7%	-0.3%
Ashtabula, OH	388	97,337	9.7%	15.3%	\$49,678	-5.3%	-7.0%	0.6%	13.8%	8.3%	-1.2%	-4.6%
Las Vegas, NM	389	31,346	12.4%	9.1%	\$47,266	-9.9%	-6.5%	1.4%	23.9%	10.0%	-10.2%	-1.5%
Fremont, OH	390	58,715	4.1%	16.6%	\$52,544	-8.6%	-6.7%	2.3%	15.9%	8.5%	-6.7%	-3.4%
Marion, NC	391	44,717	6.7%	16.4%	\$43,800	-6.1%	-3.4%	-0.9%	21.1%	6.0%	-7.3%	-3.9%
Mount Sterling, KY	392	47,191	5.9%	16.8%	\$44,028	-9.4%	-5.8%	4.2%	15.8%	4.7%	3.2%	-3.9%
Warren, PA	393	38,134	6.0%	15.6%	\$52,326	-10.8%	-7.4%	-2.9%	21.2%	6.2%	-0.6%	3.2%
St. Marys, GA	394	55,664	11.7%	15.4%	\$45,948	-11.7%	-1.7%	0.6%	7.0%	7.0%	-4.5%	-2.1%
Mason City, IA	395	50,091	5.4%	16.4%	\$60,008	-1.0%	-4.5%	-2.6%	10.8%	8.0%	-13.8%	-2.0%
Jennings, LA	396	32,345	11.2%	15.3%	\$53,153	-9.0%	-5.6%	3.1%	8.7%	2.0%	-2.5%	0.1%
Athens, TN	397	54,059	4.8%	16.7%	\$46,494	3.5%	-4.8%	-3.4%	13.7%	4.7%	5.2%	-1.3%
Plattsburgh, NY	398	79,596	8.4%	17.9%	\$52,413	-4.9%	-9.3%	0.8%	21.7%	6.6%	-11.0%	-7.6%
Sayre, PA	399	59,892	7.5%	17.3%	\$51,416	-12.5%	-7.4%	-0.3%	20.2%	4.1%	0.6%	-1.4%
Owatonna, MN	400	37,349	5.0%	15.2%	\$58,358	-7.5%	-8.9%	-0.7%	21.7%	7.1%	3.0%	-3.7%
Jacksonville, TX	401	51,097	10.4%	12.7%	\$41,825	-0.8%	-2.8%	-0.4%	9.4%	1.6%	1.9%	3.5%
Mexico, MO	402	24,982	9.5%	13.2%	\$48,922	-13.5%	-7.3%	1.4%	18.1%	7.8%	-12.6%	2.5%
Riverton, WY	403	39,336	11.3%	14.1%	\$52,469	-9.9%	-3.8%	2.2%	15.9%	4.9%	-14.9%	-4.3%
Seneca, SC	404	79,203	8.0%	16.8%	\$56,664	0.3%	-3.5%	-0.8%	4.6%	2.5%	-6.2%	-1.2%
Elkins, WV	405	27,806	6.0%	16.0%	\$48,557	-8.1%	-5.9%	-0.6%	24.3%	6.7%	-3.0%	-5.7%
Murray, KY	406	37,560	10.6%	14.2%	\$44,907	-8.7%	-8.1%	1.8%	18.5%	7.2%	1.1%	-4.2%
Corsicana, TX	407	53,591	9.1%	14.3%	\$46,949	-2.0%	-6.2%	2.6%	13.0%	4.1%	-4.1%	-2.6%
West Plains, MO	408	39,975	8.7%	11.8%	\$43,550	-2.4%	-5.0%	2.6%	12.2%	7.5%	-3.3%	-2.2%
Greenville, MS	409	43,687	8.0%	14.5%	\$51,677	-9.9%	-3.7%	-2.5%	14.7%	6.2%	-9.8%	2.5%
Deming, NM	410	25,532	9.6%	7.7%	\$43,483	-5.8%	-4.3%	-4.1%	26.0%	9.2%	2.6%	1.4%
Shawnee, OK	411	73,019	11.8%	14.7%	\$45,995	-5.7%	-3.8%	2.6%	13.7%	5.7%	-7.7%	-8.3%
Maysville, KY	412	16,931	8.2%	16.3%	\$52,881	-12.9%	-7.2%	-1.3%	10.2%	4.3%	3.1%	4.9%
Forrest City, AR	413	22,739	8.0%	14.1%	\$36,165	-13.6%	-5.5%	-0.2%	21.9%	7.9%	-0.1%	0.7%
Del Rio, TX	414	47,564	11.7%	9.5%	\$44,989	2.0%	-6.0%	4.0%	9.4%	4.7%	-0.6%	-1.5%

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Plainview, TX	415	32,220	7.8%	11.5%	\$42,355	-6.5%	-5.2%	1.9%	17.7%	6.1%	5.4%	-1.9%
Wilson, NC	416	78,369	7.1%	16.0%	\$49,878	-5.4%	-3.3%	-0.2%	17.9%	3.3%	-11.1%	-3.8%
Jasper, AL	417	64,818	9.5%	16.4%	\$52,746	-5.3%	-5.9%	2.0%	15.4%	4.1%	-11.3%	-6.9%
Somerset, PA	418	73,627	9.5%	14.0%	\$52,597	-6.6%	-7.5%	2.1%	20.3%	4.0%	-3.4%	-5.6%
Natchez, MS-LA	419	47,118	11.9%	14.0%	\$45,501	-10.7%	-8.0%	2.8%	16.1%	6.5%	-2.9%	-3.5%
Huntington, IN	420	36,717	6.1%	13.8%	\$52,213	-8.7%	-4.2%	0.3%	15.8%	5.7%	-2.6%	-1.8%
Rio Grande City-Roma, TX	421	66,049	9.0%	9.9%	\$35,206	-2.9%	-4.0%	-1.3%	13.4%	8.2%	2.9%	4.0%
Shawano, WI	422	45,148	11.7%	11.0%	\$51,615	-6.6%	-7.1%	1.0%	17.3%	8.8%	-0.7%	-6.2%
Wapakoneta, OH	423	46,141	7.9%	14.2%	\$59,629	-2.7%	-7.7%	1.7%	14.6%	4.9%	-1.8%	-6.5%
Athens, OH	424	62,056	10.1%	16.0%	\$41,753	-4.3%	-5.8%	0.8%	12.8%	7.2%	-3.6%	-6.1%
Jamestown-Dunkirk-Fredonia, NY	425	126,807	7.3%	17.0%	\$49,227	-12.7%	-10.3%	1.5%	26.0%	8.3%	-8.1%	-7.0%
Hutchinson, MN	426	36,735	5.9%	15.4%	\$61,119	-12.4%	-5.8%	1.7%	12.7%	6.3%	-2.8%	-4.5%
Jasper, IN	427	55,693	4.4%	15.8%	\$63,790	-1.7%	-3.6%	-2.3%	10.3%	4.8%	-4.9%	-4.1%
Celina, OH	428	42,309	7.3%	12.7%	\$62,132	0.1%	-3.9%	-1.9%	13.3%	6.6%	-12.6%	-5.0%
Cortland, NY	429	46,311	7.7%	17.3%	\$49,682	-9.1%	-9.5%	1.6%	11.9%	8.9%	-11.3%	-2.4%
Arkadelphia, AR	430	21,321	10.2%	13.4%	\$46,167	-5.4%	-7.4%	-2.7%	21.2%	9.1%	-1.7%	-4.8%
Ottumwa, IA	431	35,256	4.6%	14.2%	\$49,078	-4.7%	-4.9%	-1.1%	17.0%	11.4%	-12.2%	-4.9%
Baraboo, WI	432	65,697	6.1%	17.3%	\$62,083	-9.9%	-11.2%	3.0%	17.6%	8.6%	-2.5%	-10.6%
Huntingdon, PA	433	43,889	6.4%	15.6%	\$48,705	-4.1%	-7.2%	0.9%	19.6%	6.9%	-7.1%	-6.7%
Sturgis, MI	434	60,758	10.2%	13.4%	\$49,836	-13.3%	-15.0%	0.1%	10.5%	15.8%	2.7%	1.7%
Stillwater, OK	435	81,989	11.6%	13.3%	\$46,505	-4.6%	-4.8%	3.7%	9.8%	1.9%	0.1%	-4.3%
Scottsboro, AL	436	52,773	5.8%	15.4%	\$47,954	-10.4%	-6.4%	1.5%	17.3%	8.6%	-7.7%	-4.9%
Eagle Pass, TX	437	58,056	13.1%	8.9%	\$38,477	-2.0%	-4.6%	3.0%	14.0%	3.8%	10.9%	-4.4%
Glasgow, KY	438	54,893	7.3%	16.7%	\$46,600	-8.9%	-8.4%	1.4%	13.7%	6.9%	-5.4%	-2.5%
Centralia, IL	439	37,390	7.1%	14.7%	\$54,349	-7.9%	-7.1%	1.7%	12.6%	7.9%	-5.6%	-5.3%
Warsaw, IN	440	80,106	6.0%	15.9%	\$58,708	-1.2%	-5.9%	-0.4%	-5.7%	5.9%	8.0%	0.0%
Vernon, TX	441	12,731	14.2%	12.8%	\$54,252	-4.5%	-2.0%	-1.7%	9.2%	4.9%	5.3%	-10.0%
Scottsbluff, NE	442	37,580	10.1%	14.3%	\$56,002	-6.8%	-3.0%	-3.4%	11.6%	5.5%	-8.2%	-3.1%
North Wilkesboro, NC	443	65,806	8.4%	15.8%	\$45,721	-5.8%	-5.7%	-1.2%	18.3%	5.8%	-6.2%	-5.3%
Grenada, MS	444	21,365	4.6%	13.9%	\$47,567	-4.6%	-5.7%	-0.7%	18.7%	5.8%	-1.6%	-2.4%
Talladega-Sylacauga, AL	445	81,524	7.4%	15.0%	\$45,814	-2.1%	-3.7%	1.4%	8.7%	3.1%	-0.8%	-3.8%
Muscatine, IA	446	42,688	4.4%	15.6%	\$58,514	-5.6%	-5.3%	-0.9%	10.0%	6.8%	-6.7%	-3.2%
Mount Vernon, OH	447	62,897	7.8%	15.9%	\$54,654	-6.1%	-5.8%	0.6%	12.2%	4.0%	-4.7%	-5.5%
Fort Dodge, IA	448	37,147	6.5%	18.0%	\$55,913	-9.8%	-6.2%	-0.5%	14.0%	6.6%	-15.5%	-5.4%
El Dorado, AR	449	38,340	10.9%	12.0%	\$56,956	-11.2%	-4.8%	0.7%	12.6%	4.2%	-4.8%	-2.6%
Russellville, AR	450	83,944	8.6%	15.0%	\$41,951	-8.5%	-6.5%	2.1%	15.3%	2.7%	-2.8%	-1.1%
Atmore, AL	451	36,699	8.6%	15.0%	\$44,423	-3.9%	-4.7%	-1.7%	14.4%	6.1%	-5.4%	-4.4%
Borger, TX	452	20,495	6.8%	12.1%	\$51,320	-15.6%	-3.9%	-0.2%	9.2%	2.2%	14.6%	5.3%
Bluefield, WV-VA	453	105,195	7.6%	17.1%	\$47,925	-10.7%	-5.7%	0.3%	18.7%	4.0%	-10.8%	-5.0%
Parsons, KS	454	19,912	4.3%	20.5%	\$53,880	-12.1%	-8.2%	-1.0%	14.1%	5.0%	-1.2%	-4.5%
Cedartown, GA	455	43,496	10.9%	13.8%	\$42,353	-2.2%	-3.5%	-0.4%	15.3%	4.0%	0.9%	-8.6%
Meadville, PA	456	83,351	6.4%	16.1%	\$51,837	-9.8%	-6.4%	0.5%	17.8%	4.2%	-5.4%	-4.9%
Lufkin, TX	457	86,506	8.8%	13.2%	\$46,585	-7.2%	-3.8%	3.3%	8.0%	4.3%	-2.5%	-4.0%
Paragould, AR	458	46,317	5.6%	11.9%	\$45,126	-5.3%	-6.0%	3.3%	13.2%	4.4%	1.6%	-1.2%
Bartlesville, OK	459	52,772	7.0%	14.8%	\$66,633	-13.6%	-3.9%	1.2%	7.8%	2.5%	4.8%	-5.5%
Grand Rapids, MN	460	45,070	8.6%	15.1%	\$55,163	-6.6%	-5.7%	0.9%	8.9%	6.0%	-3.4%	-7.3%
Macomb, IL	461	26,828	8.1%	16.7%	\$48,238	-15.6%	-9.8%	3.9%	12.3%	8.5%	-14.2%	-2.9%

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Brownwood, TX	462	38,192	7.2%	13.6%	\$46,842	-5.5%	-4.6%	0.6%	11.6%	2.7%	3.4%	-1.7%
Peru, IN	463	36,081	6.5%	13.2%	\$42,786	-7.7%	-6.1%	-0.6%	14.9%	9.5%	0.3%	-3.6%
Roanoke Rapids, NC	464	65,401	6.2%	13.5%	\$45,497	-4.4%	-5.1%	-2.5%	17.5%	8.1%	-1.0%	-5.1%
Cleveland, MS	465	30,308	7.0%	16.3%	\$50,484	-13.9%	-6.6%	0.7%	13.8%	4.2%	-8.4%	-0.5%
Ketchikan, AK	466	13,754	4.4%	13.2%	\$69,868	-15.5%	-15.2%	11.8%	17.9%	8.7%	-11.9%	-11.1%
Clinton, IA	467	46,463	5.3%	14.3%	\$55,302	-13.4%	-6.4%	1.4%	15.4%	7.3%	-14.0%	-2.5%
Helena-West Helena, AR	468	15,906	11.3%	12.3%	\$44,652	-9.9%	-4.3%	-3.9%	13.7%	4.7%	8.8%	-0.4%
Granbury, TX	469	64,222	17.4%	16.1%	\$60,380	-4.5%	-8.7%	5.9%	0.4%	-3.1%	6.5%	-11.6%
Selma, AL	470	37,619	7.3%	15.1%	\$49,277	-11.1%	-7.3%	-2.2%	20.7%	6.5%	-2.8%	-4.4%
Toccoa, GA	471	26,865	12.9%	15.2%	\$46,991	-8.7%	-8.3%	1.7%	8.4%	2.2%	-3.4%	-1.9%
Greeneville, TN	472	70,621	5.6%	15.0%	\$45,708	-6.4%	-5.9%	2.0%	13.3%	4.6%	-1.6%	-5.3%
Galesburg, IL	473	49,268	10.6%	12.3%	\$51,983	-13.6%	-5.4%	-2.7%	15.4%	6.9%	-9.7%	-0.1%
Mount Pleasant, MI	474	64,813	6.3%	14.6%	\$45,517	-13.2%	-11.2%	1.9%	20.2%	11.1%	-7.1%	-5.2%
Clarksdale, MS	475	20,810	8.4%	14.3%	\$48,140	-13.3%	-6.5%	-1.3%	16.2%	8.5%	-5.4%	-4.1%
McMinnville, TN	476	41,523	6.8%	14.3%	\$44,019	-9.3%	-1.3%	-0.2%	12.3%	0.2%	-0.9%	-0.6%
Hobbs, NM	477	73,004	9.6%	11.4%	\$53,996	-10.6%	-14.9%	6.7%	8.9%	-3.5%	30.2%	4.2%
Branson, MO	478	56,387	15.6%	14.0%	\$45,232	-11.9%	-14.2%	6.8%	18.2%	9.6%	-8.7%	-13.9%
Corning, NY	479	92,948	5.7%	16.6%	\$54,626	-7.5%	-8.1%	0.2%	21.2%	2.6%	-6.1%	-7.9%
Kennett, MO	480	27,717	14.6%	12.0%	\$45,187	-13.7%	-2.9%	-0.5%	15.9%	6.1%	-7.5%	-7.9%
Oil City, PA	481	49,938	5.8%	14.5%	\$52,697	-12.5%	-6.9%	-0.5%	18.9%	3.7%	-1.7%	-2.7%
Mount Vernon, IL	482	36,877	6.3%	13.6%	\$51,106	-3.5%	-7.7%	0.4%	12.3%	7.2%	-0.2%	-6.9%
Weatherford, OK	483	28,163	11.2%	14.7%	\$49,820	-5.4%	-7.8%	2.4%	11.8%	1.0%	-3.4%	-6.4%
Atchison, KS	484	16,239	7.5%	16.3%	\$49,145	-10.8%	-6.7%	-2.4%	18.8%	0.6%	12.4%	-5.2%
Marinette, WI-MI	485	65,174	6.0%	12.3%	\$54,976	-8.1%	-5.8%	0.4%	11.8%	6.3%	-2.1%	-4.8%
Middlesborough, KY	486	23,858	10.1%	14.9%	\$40,244	-8.5%	-4.7%	0.0%	9.8%	4.1%	-4.9%	-3.3%
Defiance, OH	487	38,144	5.9%	15.5%	\$51,715	-8.7%	-6.7%	0.4%	8.1%	6.6%	-6.4%	-4.6%
Big Stone Gap, VA	488	39,313	7.4%	16.4%	\$41,578	-11.0%	-5.9%	1.9%	12.3%	6.1%	-15.1%	-5.2%
Ardmore, OK	489	58,507	9.5%	13.4%	\$51,586	-5.0%	-3.6%	-2.7%	10.4%	2.2%	2.0%	-5.0%
Fairmont, WV	490	56,001	10.2%	16.4%	\$53,849	-16.2%	-9.6%	3.3%	12.5%	4.3%	-4.8%	-7.7%
Hope, AR	491	27,881	6.4%	11.0%	\$40,170	-3.4%	-4.9%	-1.7%	18.0%	5.8%	-0.7%	-3.3%
Bellefontaine, OH	492	46,035	5.4%	14.1%	\$55,231	-7.6%	-7.4%	0.2%	11.3%	4.5%	-0.2%	-4.8%
Guymon, OK	493	20,865	5.7%	13.6%	\$63,674	-4.7%	-2.3%	-5.2%	11.4%	2.0%	4.9%	-6.8%
Olean, NY	494	76,426	9.1%	13.6%	\$49,057	-11.1%	-10.0%	0.3%	18.1%	9.4%	-12.4%	-7.3%
Madisonville, KY	495	45,138	7.2%	15.3%	\$49,893	-10.3%	-5.6%	0.5%	10.7%	5.6%	-14.3%	-5.5%
Muskogee, OK	496	66,146	10.1%	12.8%	\$45,824	-3.4%	-4.9%	-2.3%	12.5%	2.6%	-14.1%	-1.6%
Minden, LA	497	36,184	6.8%	15.9%	\$52,534	-8.1%	-4.8%	-2.3%	10.8%	3.3%	-10.8%	-3.9%
Lock Haven, PA	498	37,465	9.0%	14.3%	\$51,817	-4.7%	-7.6%	-1.2%	14.9%	2.6%	-1.7%	-7.5%
Marion, IN	499	66,263	5.0%	15.7%	\$49,973	-4.7%	-3.4%	-0.6%	11.3%	4.6%	-33.6%	-3.2%
Taylorville, IL	500	33,662	5.2%	16.3%	\$54,242	-13.7%	-10.2%	-1.6%	20.6%	11.8%	-13.3%	-10.5%
Silver City, NM	501	27,889	7.8%	17.2%	\$52,105	-8.3%	-6.8%	5.0%	14.1%	3.8%	-22.8%	-14.7%
Kendallville, IN	502	47,227	6.6%	14.7%	\$50,472	-10.3%	-10.0%	-1.2%	14.5%	6.1%	-3.6%	-4.2%
Mount Gay-Shamrock, WV	503	31,909	10.9%	16.8%	\$48,458	-10.9%	-10.3%	7.6%	9.6%	-2.2%	-0.4%	-10.7%
Kingsville, TX	504	30,975	12.7%	8.8%	\$47,743	-10.6%	-5.9%	2.2%	15.4%	3.4%	-5.8%	-7.1%
Hillsdale, MI	505	45,546	6.4%	13.3%	\$44,815	-12.5%	-11.3%	3.5%	12.3%	5.2%	0.3%	-2.9%
Burlington, IA-IL	506	44,803	6.2%	13.8%	\$58,685	-12.6%	-7.0%	-0.9%	11.6%	6.8%	-12.6%	-6.3%
Minot, ND	507	76,586	10.5%	14.0%	\$64,806	-15.0%	-6.7%	2.2%	9.1%	2.3%	-20.3%	-7.6%
Duncan, OK	508	43,129	10.7%	12.2%	\$52,869	-12.1%	-5.3%	6.9%	4.7%	1.0%	-17.5%	-7.2%
Laurinburg, NC	509	34,227	5.4%	12.2%	\$41,937	-6.0%	-7.6%	3.8%	17.0%	7.8%	-34.0%	-5.9%

Shaded rows represent heartland micropolitans

	OVERALL RANKING	2021 POPULATION	YOUNG FIRM EMPLOYMENT SHARE	YOUNG FIRM KNOWLEDGE INTENSITY	2020 PER CAPITA PERSONAL INCOME	2015-2020 EMPLOYMENT GROWTH	2019-2020 EMPLOYMENT GROWTH	SEP.2020-SEP.2021 EMPLOYMENT GROWTH	2015-2020 AVERAGE ANNUAL PAY GROWTH	2019-2020 AVERAGE ANNUAL PAY GROWTH	2015-2020 GDP GROWTH	2019-2020 GDP GROWTH
Magnolia, AR	510	22,672	9.5%	13.7%	\$45,414	-6.7%	-4.7%	1.4%	8.1%	2.3%	-10.8%	-7.6%
Laurel, MS	511	83,035	6.8%	15.3%	\$48,050	-5.5%	-5.1%	-1.4%	9.9%	3.0%	-15.5%	-6.2%
Mineral Wells, TX	512	28,686	13.6%	15.2%	\$49,387	-3.2%	-7.6%	-1.6%	7.9%	-1.3%	-6.1%	-7.4%
St. Marys, PA	513	30,783	5.9%	15.4%	\$59,929	-13.6%	-11.6%	2.2%	15.7%	1.8%	-3.6%	-9.6%
Vernal, UT	514	36,204	14.6%	14.1%	\$37,496	-14.0%	-8.1%	8.8%	6.0%	1.3%	-21.4%	-10.2%
Bennettsville, SC	515	26,382	10.6%	12.7%	\$42,635	-4.2%	-5.0%	-3.3%	7.6%	2.1%	-4.9%	-6.5%
Gillette, WY	516	60,461	13.3%	13.5%	\$56,933	-13.6%	-6.2%	0.6%	9.8%	0.2%	-25.6%	-8.4%
Gainesville, TX	517	42,244	12.3%	15.2%	\$59,971	-12.7%	-8.3%	3.7%	4.9%	-1.1%	-34.5%	-7.0%
Evanston, WY	518	20,635	11.4%	14.8%	\$46,505	-10.0%	-5.4%	-2.3%	10.5%	2.8%	-18.2%	-10.3%
Indiana, PA	519	82,886	6.7%	17.2%	\$49,731	-13.7%	-9.4%	-0.7%	16.4%	4.5%	-18.1%	-12.7%
Central City, KY	520	30,694	19.4%	12.8%	\$43,395	-17.1%	-8.4%	2.3%	0.3%	0.5%	-26.8%	-8.8%
McAlester, OK	521	43,633	12.9%	13.0%	\$46,849	-7.4%	-8.1%	-1.0%	8.9%	-3.3%	-11.2%	-10.8%
Woodward, OK	522	23,967	11.6%	14.2%	\$49,531	-15.9%	-6.2%	-0.2%	5.8%	-4.5%	-11.4%	-7.8%
Coshocton, OH	523	36,618	7.0%	11.2%	\$45,169	-15.1%	-7.5%	-0.7%	-3.8%	11.0%	-23.0%	-5.4%
Rock Springs, WY	524	41,614	9.1%	13.4%	\$58,601	-14.7%	-9.7%	-0.6%	8.5%	-0.5%	-16.3%	-10.9%
Pampa, TX	525	21,827	10.0%	14.7%	\$49,688	-17.7%	-6.9%	2.6%	4.9%	-0.1%	-37.3%	-9.5%
Morgan City, LA	526	48,232	7.2%	12.9%	\$53,317	-22.7%	-7.5%	3.0%	2.0%	2.1%	-22.1%	-8.2%
Andrews, TX	527	18,440	12.4%	12.1%	\$55,031	-6.2%	-13.0%	2.9%	11.1%	-4.0%	-14.9%	-17.8%
Dickinson, ND	528	34,001	12.6%	15.6%	\$71,301	-19.6%	-11.2%	1.6%	-1.3%	-3.6%	-25.0%	-14.5%
Beeville, TX	529	30,924	8.7%	12.1%	\$34,864	-8.9%	-5.1%	-3.9%	-4.0%	-0.9%	-14.2%	-4.6%
Levelland, TX	530	21,363	7.1%	10.8%	\$50,434	-16.2%	-12.3%	6.8%	14.8%	-6.9%	-12.2%	-17.1%
Summerville, GA	531	24,932	8.7%	15.1%	\$39,620	-18.9%	-14.8%	-1.3%	10.1%	0.8%	-18.1%	-12.6%
Snyder, TX	532	16,824	14.9%	11.4%	\$51,771	-28.4%	-11.5%	1.4%	6.2%	-2.7%	-22.3%	-13.5%
Pearsall, TX	533	18,436	10.0%	9.6%	\$36,587	-4.4%	-11.6%	1.1%	3.7%	-2.8%	-19.2%	-13.8%
Elk City, OK	534	22,046	10.9%	14.1%	\$47,142	-22.4%	-11.1%	-1.5%	1.5%	-6.5%	-27.1%	-13.8%
Williston, ND	535	38,484	14.5%	14.2%	\$72,070	-32.6%	-18.2%	1.2%	-3.7%	-7.1%	-30.0%	-21.7%
Alice, TX	536	48,603	7.5%	9.0%	\$49,949	-20.8%	-12.8%	10.8%	-6.2%	-12.0%	-28.0%	-21.3%

Shaded rows represent heartland micropolitans

ENDNOTES

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